

Walk It Like I Talk It

2 Timothy 1:7 [NIV]

For God hath not given us the spirit of fear; but of power, and of love, and of a sound mind.

In order to overcome fear, we must face the fear. It is not enough to know the Word; we must do it.

I. Our Giant Is Not Defeated with the Same Tools as Others

1. Saul's armor was not made for David. God provides us each with our own unique tools to fight our own fight.
2. Run to the battle line and know that God will be there to protect you

1 Samuel 17:8-11 [NIV]

⁸Goliath stood and shouted to the ranks of Israel, "Why do you come out and line up for battle? Am I not a Philistine, and are you not the servants of Saul? Choose a man and have him come down to me. ⁹If he is able to fight and kill me, we will become your subjects; but if I overcome him and kill him, you will become our subjects and serve us." ¹⁰Then the Philistine said, "This day I defy the armies of Israel! Give me a man and let us fight each other." ¹¹On hearing the Philistine's words, Saul and all the Israelites were dismayed and terrified.

II. Face Your Fear

1. Do not allow fear of the unknown hold us back.
2. We can either walk in victory and freedom, or we can be bound in fear.
3. Use the armor God has equipped us with to win our battles.

1 Samuel 17: 20-23 [NIV]

²⁰Early in the morning David left the flock in the care of a shepherd, loaded up and set out, as Jesse had directed. He reached the camp as the army was going out to its battle positions, shouting the war cry. ²¹Israel and the Philistines were drawing up their lines facing each other. ²²David left his things with the keeper of supplies, ran to the battle lines and asked his brothers how they were. ²³As he was talking with them, Goliath, the Philistine champion from Gath, stepped out from his lines and shouted his usual defiance, and David heard it.

III. Convert Your Fear into Faith

1. Trust God, let go and walk away.
2. Stay connected.
3. Remember the miracles of God as ones that feed new miracles.
4. Pray daily with a boldness moving closer to God and faith.

1 Samuel 17: 45-48 [NIV]

⁴⁵David said to the Philistine, "You come against me with sword and spear and javelin, but I come against you in the name of the Lord Almighty, the God of the armies of Israel, whom you have defied. ⁴⁶This day the Lord will deliver you into my hands, and I'll strike you down and cut off your head. This very day I will give the carcasses of the Philistine army to the birds and the wild animals, and the whole world will know that there is a God in Israel. ⁴⁷All those gathered here will know that it is not by sword or spear that the Lord saves; for the battle is the Lord's, and he will give all of you into our hands." ⁴⁸As the Philistine moved closer to attack him, David ran quickly toward the battle line to meet him.

IV. Discussion Questions

1. What fear is holding us back?
2. How do we convert our fear into faith?
3. How do we move forward in faith?