

HEBREWS 12:2

We do this by keeping our eyes on Jesus, the champion who initiates and perfects our faith. Because of the JOY awaiting him, he endured the cross, disregarding its shame. Now he is seated in the place of honor beside God's throne.

NEHEMIAH 8:10

For the JOY of the Lord is your strength.

Feelings are fleeting

Joy is FUELING!

LIFE IS BEST WHEN WE ARE EXPERIENCING JOY!

JOY IS <u>INTERNAL</u>.

JOY IS <u>RELATIONAL</u>.

JOY IS ATTAINABLE.

JAMES 1:2-4

For the JOY of the Lord is your strength.

- Be Present

— Be Available

— Be Vulnerable

Be Present
Be Available
Be Vulnerable