

Shalom {{firstName}},

Psalms

Psalm 46:5-8(4-7) – Part 6

Psalm 46:5 There is a river whose streams make glad the city of God —the holy dwelling place of Elyon. 6 God is in the midst of her, she will not be shaken. God will help her when morning dawns. 7 Nations are in uproar, kingdoms totter, He utters His voice, the earth melts! 8 Adonai-Tzva'ot is with us. The God of Jacob is our stronghold. Selah

Today, we focus on verse 8. The song in Hebrew that uses Psalm 46, verse 2 as the chorus, uses verse 8 as the verse. <https://www.youtube.com/watch?v=pg2tFM22PSI> Together, those verses translate into English as, **Psalm 46:2 God is our refuge and strength, an ever-present help in trouble.... 8 Adonai-Tzva'ot is with us. The God of Jacob is our stronghold. Selah!**

The Hebrew word for “stronghold” is “Misgav.” It is a place of safety, a strong tower. It is related etymologically to “Sagav” (Sin-Gimel-Bet) meaning safe and secure, up high, and (I like this one) inaccessible. To quote the song, “No place I would rather be, than here is Your love.” <https://www.youtube.com/watch?v=HTJMN5gj5SY> Lyrics and music courtesy of United Pursuit and Knoxville’s own Will Reagan. The last verse of Psalm 60 captures my heart. **Psalm 60:14(12) With God we will do mighty things, and He will trample our foes.**

Verse 8 begins, “Adonai-Tzva’ot is with us.” Other scriptures confirm this, and it is, per se, beyond question (Isaiah 7:14 is fulfilled in Matthew 1:23). The question each of us must answer is in Hebrew, “A’fuch,” meaning, “opposite.” “Am I with God?”

Yeshua says, **John 14:6 Yeshua said to him, “I am the way, the truth, and the life! No one comes to the Father except through Me.** The earliest followers of Yeshua were called, “followers of the way.” Do what He does and you belong to Him. Step one, hear His voice... **John 10:27 My sheep hear My voice. I know them, and they follow Me. 28 I give them eternal life! They will never perish, and no one will snatch them out of My hand.**

Step two, answer His call. **Luke 9:23 Then Yeshua was saying to everyone, “If anyone wants to follow Me, he must deny himself, take up his cross every day, and follow Me.”** Then He will be your place of refuge. **Psalm 91:2 I will say of Adonai, “He is my refuge and my fortress, my God, in whom I trust.** Shalom shalom.

Wed 11-Feb-2026 24th of Sh'vat, 5786
Ex 22:28(27)-23:5 2 Ki 9 Ps 134-135Jn 10 (2 Ti 1)