

Shalom,

Psalms
Psalm 38:7,8(6,7) – Part 4

Psalm 38:7 I am bent over, bowed down greatly. All day I walk about in mourning. 8 For my heart is filled with burning pain, and there is no health in my body.

It is a pity that we have to translate the Hebrew in order to understand it. In the original language, King David is eloquently descriptive of his condition. We say... **Psalm 38:8a For my heart is filled with burning pain.** The Hebrew connotes, “the fat and muscle around my kidneys (guts) are burnt up (on fire). Then, **Psalm 38:8b and there is no health in my body.** The Hebrew here connotes, “I have no soundness (there is that word, “Matom” again) in my flesh.” Who will reign over us, God’s righteousness, or Satan’s rebellion against God?

I recall this lament from the apostle Paul as he writes of the tension (struggle) in each of us between the righteousness of the spirit and the sinful desire of the flesh. **Romans 7:24 Miserable man that I am! Who will rescue me from this body of death?** For a fuller understanding read the entirety of Romans, chapter 7, as Paul describes this struggle.

Rabbi Trail: If you find yourself struggling for victory over sin (as we all have), follow this recommendation which was made to me early in my walk with the Lord. Read Romans 6, 7 and 8 (yes, three whole chapters) every day until you have confidence in your victory. **1John 1:6 If we say we have fellowship with Him and keep walking in the darkness, we are lying and do not practice the truth. 7 But if we walk in the light as He Himself is in the light, we have fellowship with one another and the blood of His Son Yeshua purifies us from all sin.** End RT.

I want to close today with Paul’s admonition to the Ephesians... **Ephesians 5:6 Let no one deceive you with empty words, for because of such things God’s judgment comes on the children of disobedience. 7 Therefore do not be partners with them. 8 For once you were darkness, but now in union with the Lord you are light. Walk as children of light 9 (for the fruit of light is in all goodness and righteousness and truth),...16 Make the most of your time because**

the days are evil. 17 For this reason do not be foolish, but understand what the Lord's will is.

Shalom shalom.

Daily Bread, reading plan by Lars Enarson (<https://www.thewatchman.org/>)

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Ge 19:1-20 Jos 24 Ps 25 Mt 17 (1 Jn 5)