

Psalms
Psalm 51:18,19(16,17) – Part 17

Psalm 51:18 For You would not delight in sacrifice, or I would give it, nor be pleased by burnt offerings. 19 The sacrifices of God are a broken spirit. A broken and a contrite heart, O God, You will not despise.

As he comes to the end of Psalm 51, King David has come full circle. He started by being smitten over his sinful ways, stricken as both an adulterer and a murderer, deserving of death. And we too, if we're honest with ourselves, deserve nothing better. **1John 1:8 If we say we have no sin, we are deceiving ourselves and the truth is not in us.**

Then David, and by extension, we ourselves, cry out to God, seeking forgiveness. **1John 1:9 If we confess our sins, He is faithful and righteous to forgive our sins and purify us from all unrighteousness.** However; there is not any sacrifice of this world (which is temporary), that can cleanse us for eternity to make us fit for the presence of God. The only eternal sacrifice must be “of the spirit.” In our subject verse these eternal spiritual sacrifices are called the “sacrifices of God.”

Once again, we are forced to declare, “It’s a heart thang.” Two words of similar meaning are used (translated “broken and contrite”). “Sha’var” meaning broken into pieces, and “Dakah” meaning crushed (into smaller pieces). Verse 19 ends with the thought that God will not despise those who are broken hearted and even more broken hearted.

God knows that if He has our hearts, everything else will come into right alignment. **Philippians 4:7 And the shalom of God, which surpasses all understanding, will guard your hearts and your minds in Messiah Yeshua.** Our understanding is what we perceive from this physical world. What “surpasses understanding” is what we perceive from the spiritual world, which is the greater reality.

Colossians 3:14 But above all these things put on love, which is the bond of perfect harmony. 15 Let the shalom of Messiah rule in your hearts—to this shalom you were surely called in one body. Also be thankful. Shalom shalom.

Day 31 of the Omer

Daily Bread, reading plan by Lars Enarson (<https://www.thewatchman.org/>)

Tue 5-May-2026

18th of Iyar, 5786

Le 25:29-38

Jer 1

Job 21

Ro 2

(Mt 21)