

Rabbi's Reflections - Friday, October 31, 2025
(Early) Shabbat Shalom {{firstName}},

Psalms
Psalm 38:3,4(2,3) – Part 2

Psalm 38:3 For Your arrows have sunk deep into me and Your hand has pressed down on me. 4 There is no health in my flesh because of Your indignation. There is no wholeness in my bones because of my sin.

King David is beginning a theme on which he will continue for much of the rest of the Psalm. He is describing his sickness (physical illness) as a result of sin (which breaks the heart of God). The rabbis have a tradition not to end a reading until they can end on a pleasant note. This will not happen in Psalm 38 until verse 16 when we will finally receive some relief.

Meanwhile, David may be writing of his own condition, but he is also writing prophetically about the condition of his Spiritual Son, Yeshua, Who suffered as he bore the weight of all the sins of the entire world on the cross. This is part of the “great exchange.” His suffering produces our healing.

Isaiah 53:5 But He was pierced because of our transgressions, crushed because of our iniquities. The chastisement for our shalom was upon Him, and by His stripes we are healed.

The Hebrew of verse 3 begins “V’Ayn M’tom,” meaning “there is no soundness.” This same phrase is found as Isaiah laments the sinful nature of Judah. **Isaiah 1:5 Where will you be struck again, as you stray away more and more? The whole head is sick, the whole heart faint. 6 From the foot to the head there is no soundness. Wounds, bruises and raw sores: not pressed, nor bandaged, nor softened with oil.**

Maturity involves growing beyond our self-centeredness. We must get to a place where our sin (and if not our own sin, then the sin of the world) breaks our hearts because we know it breaks God's heart. The warning couldn't be clearer... **Deuteronomy 28:58 “If you do not take care to do all the words of this Torah, the things written in this scroll, to fear this glorious and awesome Name, Adonai your God, 59 then Adonai will make your plagues and the plagues of your descendants**

extraordinary—terrible and prolonged plagues, severe and prolonged illnesses. 60 He will bring back on you all the diseases of Egypt that you were afraid of, and they will cling to you. 61 Also every illness and plague that is not written in the scroll of this Torah, Adonai will bring on you, until you are destroyed.” There is more, but this is already long.

Yeshua has a calling on your life, follow Him and be healed. **1Peter 2:24 He Himself bore our sins in His body on the tree, so that we, removed from sins, might live for righteousness. “By His wounds you were healed.” 25 For you like sheep were going astray, but now you have returned to the Shepherd and Guardian of your souls.** Shalom shalom.

Daily Bread, reading plan by Lars Enarson (<https://www.thewatchman.org/>)

Fri 31-Oct-2025 9th of Cheshvan, 5786

Ge 15:7-17:6 Jos 21 Ps 21 Mt 14 (1 Jn 2:12-29)