



Three practices for maintaining the unity of the Spirit this week.

First, identify one wall. Ask the Spirit to show you where you have allowed division to grow in your heart. Is it toward a person in your church? A group? A ministry? A leader? Name it. Confess it. And ask God to help you take one brick out of that wall. Maybe it is a conversation. Maybe it is an apology. Maybe it is simply choosing to pray for someone you have been criticizing.

Second, celebrate someone different. Find one person in your church who is not like you. Different age, different background, different gift, different political view. And thank God for them. Tell them specifically what you see the Spirit doing in their life. Unity grows when we honor the parts of the body that are not like ours.

Third, use your gift. If you are a teacher, teach. If you have mercy, show mercy. If you serve, serve. If you encourage, encourage. The body grows when each part is working properly. Your gift is not for your platform. It is for the body. Use it this week for the common good.