

# FRAMES

FOURSQUARE GOSPEL. JESUS CHRIST HEALER  
PASTOR FERNANDO MORALES



## Foundation Verse

*Ephesians 2:10: "For we are his workmanship, created in Christ Jesus for good works, which God prepared beforehand, that we should walk in them."*



## FRAME Questions:

1. **Why do we find it difficult to understand healing, and what are some mistaken beliefs we might encounter in our journey of faith?**
2. **How do putting our faith in the wrong things and seeking worldly solutions affect our understanding and experience of divine healing?**
3. **What does the Bible teach us about healing?**

## OPENING IMAGE

The way the Holy Grail is shown in the movie *Indiana Jones and the Last Crusade* is really interesting. Instead of being a magical cup that can heal, like in other stories, it's a special cup that's important because of what it represents. The Grail is kept safe by many tests that the seeker has to pass to show they're humble, caring, and have strong beliefs. This concept helps us think about sacrificing for others, finding forgiveness, and valuing inner goodness. ○



## What does the Bible teach us about healing?

Let's start at the beginning. Sickness is a direct result of original sin. Rom 5:12 *"Therefore, just as sin entered the world through one man, and death through sin, in this way, death spread to all people because all sinned."*

God's original plan did not include sickness and death. However, sin brought it into the world.



## Question #1

1. **How does the concept of original sin impact your understanding of illness and healing?**
2. **How does our core belief in Jesus Christ as our Healer resonate with you? Have you personally experienced or witnessed instances of divine healing, and how has that influenced your faith?**



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## **What are some common struggles with healing?**

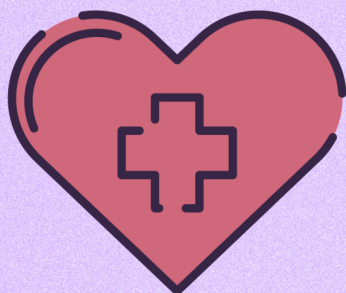
The subject of healing is just as significant nowadays as it was during biblical times. For example, in the Gospel of Mark, healing is mentioned in one out of every five verses. Jesus emphasized healing as a crucial aspect of his message about the Kingdom of God. Even today, healing remains a topic of discussion. However, it is also one of the most controversial topics.

There are so many questions Christians wrestle with regarding healing. Why are some people healed while others are not? Does prayer truly make a difference? Does God really hear and answer our prayers for healing?

### **Question #2**

**1. How do you deal with the concept of healing in Christianity, especially when some people experience miraculous healing while others do not? How can we keep our faith and trust in God's plan even when unsure about the outcomes of healing?**

**2. When we have questions about healing, what guidance can we find in the Bible to help us understand and approach prayers for healing?**



## **Faith in the wrong things**

*In life, we will often face various struggles, and sometimes, we may find ourselves seeking healing from pain, illness, or emotional distress. This, in turn, might lead some to look for answers for their pain in things, people, or substances. Some might even ignore specific issues, hoping time will remedy all pain. The truth is that time alone does not heal our wounds. The passage of time may take the edge off of pain, but it does not heal the pain. This pursuit of self-healing often leads to addiction. Addiction is a misplaced trust in something or someone to cope with physical or psychological pain.*

### **Question #3**

**Often people try to find healing in other things like substances or people instead of seeking comfort and healing from God? How can we see help those who are going through tough times with pain, illness, or emotional distress?**

### **Conclusion**

**Believers can turn to Jesus Christ as the ultimate physician and healer. His unwavering nature is evident as He remains the same yesterday, today, and forever, according to Hebrews 13:8. Through faith in a benevolent God, we can receive the power of healing. Do you need healing? Stop now and ask Jesus for what you need. You can pray with your Frames group.**