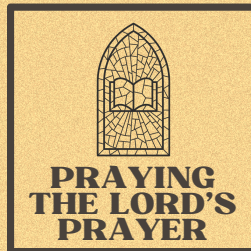


FRAMES

PRAYING THE LORD'S PRAYER
PASTOR FAITH MORALES

Foundation Verse

Ephesians 2:10: "For we are his workmanship, created in Christ Jesus for good works, which God prepared beforehand, that we should walk in them."



FRAME Questions:

1. **What is significant about the Lord's Prayer' as recorded in Matthew 6?**
2. **How can you use the Lord's Prayer as a template to pray more meaningfully?**



OPENING IMAGE

The Mount of Beatitudes is a significant location in the Christian tradition. It is believed to be the hillside where Jesus Christ delivered the Sermon on the Mount, as recorded in the Gospel of Matthew chapter 5. The Sermon on the Mount contains a collection of teachings by Jesus that outline ethical and moral principles for living a righteous life. The Mount of Beatitudes is situated on the northwestern shore of the Sea of Galilee in Israel. It is known for its picturesque setting and its association with Jesus' teachings. The name "Beatitudes" refers to the blessings that Jesus pronounced at the beginning of his sermon, often starting with the phrase "Blessed are... This teaching includes instructions on how to pray, which is often called **The Lord's Prayer**.



Point ONE

What is significant about The Lord's Prayer'?

Jesus gave a beloved prayer template to the church. God Himself—incarnate—taught His followers how to pray so that He can graciously respond. AMAZING! If Jesus told us WHAT to pray, He surely intends to ANSWER those Prayers.

Jesus' prayer goes like this.

*"Our Father, who is in heaven, hallowed be Your name.
Your kingdom come; Your will be done, on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our debts as we also forgive our debtors.
And lead us not into temptation, but deliver us from the evil.*

(Matt. 6:9-13 or Luke 11:1-4)

"The Lord's Prayer" can be quoted word-for-word, sincerely from the heart, However, it seems very unlikely that Jesus intended His followers always to speak it the same way repeated over and over. Jesus prefaced this beloved prayer, "In this manner, therefore, pray,"—which could also be taken to mean, "Use a similar approach" (Matthew 6:9).



FRAMES FRAMES FRAMES



Question #1

**Read The Lord's Prayer again
Discuss with a friend how this prayer
makes you feel. What emotional
response do you have when you
read this prayer?**

Take Action

Let's use "The Lord's Prayer" as a basic outline—a spiritual template—that highlights key concepts, line-by-line, and then expand those concepts during time of seeking God.

With each phrase, express fresh, creative, worshipful words related in meaning to the original form. Let's start with the first line:

Our Father who art in Heaven

Celebrate the Holiness of God in your own words.

By rehearsing the Holiness of God, you are immersing yourself in His love for you. By acknowledging that God is "in heaven," you establish His authority over your life.



Take a few moments to write in your journal or pray out loud with a friend. Acknowledge God's Holiness and then express your praise.

"Your kingdom come."

With these words, You may want to prayerfully describe what God's kingdom is, and the ways it can manifest in your life. For instance, Romans 14:17 says, "The kingdom of God . . . is righteousness, peace, and joy in the Holy Spirit." For example, You can pray, "Father, fill me with Your righteousness. Let me be strong in upholding Your righteous standards in this world. Let me also be filled with Your joy and Your peace until Your Love overflows to others."

"Your will Be done on earth as it is in Heaven "

The ultimate goal of prayer is not to convince God to do something that we want, but our aim should be to align our heart with His will. We can certainly pray specifically for our heart's desires, God knows them anyway. But ultimately our main desire should be for God's will to prevail. Even more specifically, Jesus instructs us to pray God's will to be done on earth as it is in heaven.





FRAMES FRAMES FRAMES



Give us this day our daily bread



Jesus instructs us to pray for the provision of our needs, no matter how seemingly insignificant or mundane.

Pray for both His physical and spiritual provision in your life and the lives of those you love. You can be specific about your needs and ask for provision from God because He has promised to take care of us. Identify certain things you need in your life naturally and spiritually, perhaps healing for your body, mind, or emotions.

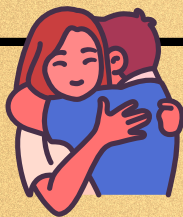
“And lead us not into temptation but deliver us from the evil.”

Our flesh can be weak against temptation. However, we have power through the Holy Spirit to withstand and overcome our weaknesses by relying on the strength of God

Philippians 4:13 reminds us that “We can do all this through God who gives us strength.”

And forgive us our debts as we forgive our debtors

At this juncture, you need to dig deep into the darker areas of your soul. Psalm 139:23 instructs us to “Search me, O God, and know my heart! Try me and know my thoughts!” Ask God to reveal to you any hidden sins lingering in your life. Or, you may recognize the roots of bitterness or unforgiveness toward someone. Ask God for His grace and the ability to forgive those who have hurt you.



**Continue praying
The Lord’s Prayer
throughout your week**

**Further Resources to guide you
along the way.**

NT Wright. *The Lord and His Prayer*
J. I. Packer *Praying the Lord’s Prayer*

