

FRAMES

B.E.L.L.S 'EAT'
PASTOR FAITH MORALES

Foundation Verse

Ephesians 2:10: "For we are his workmanship, created in Christ Jesus for good works, which God prepared beforehand, that we should walk in them."



FRAME Questions:

1. How do we practice hospitality that looks like Jesus' hospitality?
2. How do we EAT differently from the world?

OPENING IMAGE

Everyone loves food! Famous food festivals are held worldwide, celebrating various cultures' diverse cuisines and culinary traditions. Did you know that one fun and interesting festival involving food is the La Tomatina, Buñol, Spain? La Tomatina is a world-renowned annual event located in the province of Valencia, Spain. It is essentially a massive tomato fight festival that draws participants from all over the world.

During La Tomatina, participants gather in the streets of Buñol and engage in a massive tomato fight, throwing tons of overripe tomatoes at each other. Trucks filled with tomatoes are brought into the town, and the tomatoes are thrown around, creating a lively and chaotic scene.

La Tomatina is certainly a unique and colorful food event that celebrates spontaneity, joy, and community spirit, making it one of the most famous food festivals in Spain and the world.



Let's Read Psalm 23

Discuss what you learn about the hear of Jesus from this psalm.

"You prepare a table before me in the presence of my enemies"

Not only has God prepared this feast at His table to be shared with David, but He's doing this amid enemies! He's prepared a face-to-face meal, and even though there is war, Jesus is not concerned. This is what Jesus does. He invites us to sit with Him and partake in everything He has prepared. Even though there may be chaos and fear, worry, anxiety, depression, impossible mountains, and deep, dark valleys, I'M. NOT. WORRIED. Peace. Take a breath, and slow down. Just close your eyes for a moment and imagine Jesus sitting in the middle of a battlefield, preparing a tablecloth, candlesticks, and a big roast chicken and inviting you to sit down with your enemies behind you.





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What does preparation require?

Inviting someone you know who is weighed down by a heavy burden requires some forethought and intentionality. It requires prepping something, especially for each individual. You can be a place of refuge. Invite someone into your home. Let them sit face to face with you and experience the peace that Jesus brings just by His presence. You are carriers of His presence.

Question #2

Share some ideas with each other about how you might be able to PREPARE, SLOW DOWN, and create a place of PEACE for someone in your own home.

"My cup overflows with blessings."

When God hosts us and we sit at His table, there is abundance. He provides for needs and shares all that He has. Jesus shares everything He has to give in abundance, withholding nothing.

CHALLENGE

**Your mission this week should you choose to accept it.
Think of 3 people you can invite to your table and share a meal with this week?
How can you make it a regular practice to open your home and table to others?**

Question #3

Brainstorm with your friend how you can make your table a place where people are celebrated, wanted, and filled back up.

In Alan Hirsch and Lance Ford's book, *Right Here, Right Now* they say

"Sharing meals together on a regular basis is one of the most sacred practices we can engage in as believers. Missional hospitality is a tremendous opportunity to extend the kingdom of God. We can literally eat our way into the kingdom of God! If every Christian household regularly invited a stranger or a poor person into their home for a meal once a week, we would literally change the world by eating!"

PREPARE something at your table and be a refuge of PEACE. HONOR them and show them how much they are wanted and loved in your home. REFRESH them when they are weary. Offer them HOPE for the future and a permanent place of BELONGING.



Resource:

Surprise the World, 5 Habits of Missional People by Michael Frost

