

Peace is a very good word that we like to say  
because even the sound of it is good.  
Peace is also a profound word that describes  
a certain healthy and wise restraint  
in the streets and cities and ocean routes  
of the world.  
It is also a word we use that tells of good things  
that happen in a particular house,  
dorm suite, living room and kitchen.  
Deeper still, peace is what I need inside  
of my head and my heart to keep me balanced  
and whole and hopeful.  
Peace is a gift we give to each other  
when we live in it.  
Peace is a gift we receive from  
God.

-HMZ  
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