



**Don't Be Afraid**  
**Matthew 28:1-10**

The women went to Jesus' tomb at dawn, but they didn't find Jesus. They saw an empty tomb and an angel sitting on the stone he had rolled away. The angel said, "Don't be afraid." The angel told them Jesus was risen from the dead and to tell the disciples. They left the tomb with fear and joy. On the way to the disciples, Jesus met them. He also said told them "Don't be afraid" before he told them to tell the disciples to meet him in Galilee. Sure, seeing an angel and resurrected Jesus would produce fear in any of us. Yet, many Christians live in fear when they are not standing in front of an imposing angel. The words of the angel and Jesus speak truth beyond the moments of that Sunday morning. **Because Jesus is alive, we don't have to be afraid!**

**Don't be Afraid of Condemnation**

Because Jesus is a live we know that everything he said about himself and redemption are true. Jesus died to pay for our sin, and in his resurrection he conquered death. When we believe we are saved and don't have to fear God's wrath, or punishment for our sin. Jesus took the punishment for us. "Therefore, there is now no condemnation for those in Christ Jesus, because the law of the Spirit of life in Christ Jesus has set you free from the law of sin and death." **Romans 8:1, 2.** "In this, love is made complete with us so that we may have confidence in the day of judgement, because as he is, so also are we in this world. There is no fear in love; instead perfect love drives out fear, because fear involves punishment. So the one who fears is not complete in love." **1 John 4:17, 18**

**Don't be Afraid of Life**

While you go through life, of what are you afraid? Are you afraid for today? Jesus cares for us more than the sparrows, and the flowers which he feeds and makes grow beautifully every day. Jesus said, "So don't worry, saying, "What will we eat? Or "What will we drink? Or "What will we wear?" For the Gentiles early seek all these things, and your heavenly Father knows that you need them. But seek first the kingdom of God and his righteousness, and all these things will be provided for you." **Matthew 6:31-33.** Are you afraid of other people? God said don't fear people, but rather fear him (Matt 10:26-28). Are you afraid of the future? God has a plan for your life and you can trust Him completely (Romans 8:28). Are you afraid of not being good enough? God created you the way you are for the plan and purpose he has for you (Psalm 139).

**Don't be Afraid of Death**

"For if we believe that Jesus died and rose again, in the same way, through Jesus, God will bring with him those who have fallen asleep." **1Thessalonians 4:14**

"Listen, I am telling you a mystery: We will not all fall asleep, but we will all be changed, in a moment, in the twinkling of an eye, at the last trumpet. For the trumpet will sound, and the dead will be raised incorruptible, and we will be changed." **1 Corinthians 15:51, 52**