

# WHY HER?

## WHY HER?, PART 3: YOU BE YOU

What would happen if you dared to forget about all your thoughts and feelings about “HER” and focused on the fact that God remembers you. Because ultimately- in our struggle of “Why Her” – it has less to do with who “she” is and what “she” has- and more to do with- TRUSTING God to be who HE is and do what HE Says HE WILL DO.

If I really trust Him, if I really want to build my life on Him, if I really want to find contentment, if I really want to live fully in all that He has purposed for me then- I MUST be more like Jesus and less like HER.

BIG IDEA: Being more like Jesus and less like everyone else, lets YOU be YOU.

## DISCUSSION QUESTIONS

*\* Remember the goal is to use the questions to generate discussion, not to complete every one.*

1. Our Big Idea from week one taught us that *we must decide whose truth we are going to believe and follow-ours or God’s*. Last week our Big Idea reminded us that *competition erodes our confidence and keeps us reaching for an unrealistic standard*.
  - COMPARISON: causes us to compromise our truth
  - COMPETITON: destroys and keeps us striving

Have you been able to focus more on God’s truth in your life and let go of comparison and competition?

2. When you think of the word CONTENTMENT what comes to your mind?
3. The definition of contentment is...

Being satisfied with the present conditions; a quiet, uncomplaining, satisfied mind.

Are you satisfied with your current condition? Why or why not?

4. *With your Bible or Bible App, [read Genesis 30:1-2](#).*

*<sup>1</sup> When Rachel saw that she wasn’t having any children for Jacob, she became jealous of her sister. She pleaded with Jacob, “Give me children, or I’ll die!” <sup>2</sup> Then Jacob became furious with Rachel. “Am I God?” he asked. “He’s the one who has kept you from having children!” [Genesis 30:1-2 \(NLT\)](#)*

5. What is your state of mind? Is it quiet or complaining?
6. The Struggle of “Why Her” is another way of saying “What About Me?” Do you struggle with “What About Me” and “It’s Not Fair”? How can you shift your focus to see what God has done for you instead of focusing on what you feel He has not done?
7. *With your Bible or Bible App, [read Genesis 30:9-13](#).*

*<sup>9</sup> Meanwhile, Leah realized that she wasn’t getting pregnant anymore, so she took her servant, Zilpah, and gave her to Jacob as a wife. <sup>10</sup> Soon Zilpah presented him with a son. <sup>11</sup> Leah named him Gad, for she said, “How fortunate I am!” <sup>12</sup> Then Zilpah gave Jacob a second son. <sup>13</sup> And Leah named him Asher, for she said, “What joy is mine! Now the other women will celebrate with me.” [Genesis 30:9-13 \(NLT\)](#)*

The Lie of Lack would have us believe that if someone else has something we admire or desire, it is no longer an option for us to obtain it.

8. *With your Bible or Bible App, [read Genesis 30:17-20, 22-24](#).*

<sup>17</sup> And God answered Leah's prayers. She became pregnant again and gave birth to a fifth son for Jacob. <sup>18</sup> She named him Issachar, for she said, "God has rewarded me for giving my servant to my husband as a wife." <sup>19</sup> Then Leah became pregnant again and gave birth to a sixth son for Jacob. <sup>20</sup> She named him Zebulun, for she said, "God has given me a good reward. Now my husband will treat me with respect, for I have given him six sons."

<sup>21</sup> Later she gave birth to a daughter and named her Dinah. <sup>22</sup> Then God remembered Rachel's plight and answered her prayers by enabling her to have children. <sup>23</sup> She became pregnant and gave birth to a son. "God has removed my disgrace," she said. <sup>24</sup> And she named him Joseph, for she said, "May the LORD add yet another son to my family." [Genesis 30:17-20, 22-24 \(NLT\)](#)

The Lie of Lack is the breeding ground for comparison and competition. The Lie of Lack convinces us that even if God answers our prayers- we still need to prove that we are worthy.

9. If I spend my time chasing after someone else's life, I will miss out on the life God has planned for me. What are you missing out on with God because you are trying to live out someone else's life?

YOU BE YOU – and let- HER BE HER.

10. We need to live as women who complement each other. How can we live as women who complement each other?
11. Kim said, "When I choose to celebrate her, I am content with me." How is it possible to celebrate someone else and still be content with your life?

## MOVING FORWARD

The Lie of Lack would have us believe that if someone else has something we admire or desire, it is no longer an option for us to obtain it. The Lie of Lack is the breeding ground for comparison and competition. The Lie of Lack convinces us that even if God answers our prayers- we still need to prove that we are worthy. How does the Lie of Lack impact your life?

## CHANGING YOUR MIND

*Don't be selfish; don't try to impress others. Be humble, thinking of others as better than yourselves. Don't look out only for your own interests, but take an interest in others, too.* *Philippians 2:3-4 (NLT)*