

# YOURBIG M O M E N T

## PART FIVE: ME, MYSELF AND I

Of all the people we meet in Esther, Haman is the least attractive. He is completely devoted to himself. And yet before we dismiss him, it might be wise to take a closer look. Is there any possible way in which you and I are like him? And if so, what can we do about it?

**BIG IDEA:** A life devoted to self ultimately leaves you alone.

### DISCUSSION QUESTIONS

1. Describe someone you've known whom you consider selfish. To what extent did their selfishness isolate them from other people?
2. What aspects of a person's selfishness do you find most difficult to relate to?
3. If you were Haman's friend, how would you have counseled him to lose his self-focus? What advice would you have given him?
4. Do you see any of Haman's characteristics in yourself (even a little)?
5. How does the humility of Jesus inspire and teach you to live beyond yourself?

### WHAT WILL YOU DO?

If you're interested in learning more about your own level of narcissism and self-focus, take Dr. Drew Pinsky's Narcissism Test online [for free here](http://www.0eb.com) (<http://www.0eb.com>). Make any high scoring areas matters of prayer. And if need be, see a Christian counselor to explore the issue further.

### CHANGING YOUR MIND

*"Haman thought to himself, 'Whom would the king wish to honor more than me?'"* Esther 6.6

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