

# onechurch

## bigIdea

Direction determines destination. But what is it that influences direction? What is it that starts us on our course, either for the places we want to go or the destinations we'd rather avoid? If we could determine what this is, then we could change our course upstream and save ourselves a lot of time, money, and heartache. Discover what this is and how you leverage it to reach the destinations God desires for you.



**BIG IDEA:** What gets your attention determines your direction.

### DISCUSSION QUESTIONS

1. Over and Over, God reminds us that the things that grab your attention direct your life. What things have grabbed your attention? How have these things directed your life? Are you satisfied with this? Explain.
2. The things that tend to grab or capture your attention are often things you should avoid. What negative things tend to grab your attention?
3. What or who has your attention now? Is this a good thing? Explain.
4. Has anything/anyone captured your attention in a way that distracts you from what you need to give attention? Explain.
5. Are you giving an inordinate amount of attention to something that a year ago wasn't even on your radar screen? If so, what is it?
6. What are you putting off?
7. *Read Deuteronomy 7:12.* Why did God command the Israelites to *pay attention*? How do the things that grab your attention influence the direction you take in life?
8. *Read Psalm 119:35-37.* What are the worthless things that we need to turn our eyes and our attention away from? What are the things that capture your attention that will only lead you down paths you don't want to go?
9. *Read Proverbs 4:25-27.* What does Solomon tell us to do with our eyes? With our feet?
10. In what situations are you the most tempted to swerve to the left or the right? How can you be proactive and keep you eyes straight ahead? How can you avoid the temptation to turn your attention away from the things that will draw you off course?
11. *Read Matthew 6:22.* What are the things that you need to focus on? What are the things that by turning your eyes to them, by paying attention to them, your life will be full of light?
12. *Read Hebrews 2:1.* When have you turned your eyes away from what was important and found yourself drifting away? How can we keep focused on the things that will keep us on the right paths? How can we keep from drifting?
13. *Read Matthew 14:24-31.* On what did Peter *first* fix his eyes? What was the result?
14. On what did Peter *ultimately* fix his eyes? What was the result?
15. If Jesus had not intervened, what would have been Peter's destination?

### THINK ABOUT IT

What has captured your attention that could prove harmful down the road? What would your friend, roommate, or family say is taking up too much of your focus?

### WHAT WILL YOU DO?

What do you need to give more attention? What are the things you need to focus on? What will you do this week to begin to pay more attention to them?

### CHANGING YOUR MIND

*Let your eyes look straight ahead, fix your gaze directly before you. Do not swerve to the right or the left; keep your foot from evil.* Proverbs 4:25-27