

# JIM CLASS

A JOURNEY THROUGH THE BOOK OF JAMES

## JIM CLASS PT 6: POWER LIFTING PRAYER

The Bible talks about prayer often. Have you ever felt confused about prayer? Maybe you can relate to the crushing feeling of guilt that you don't pray enough. Or, maybe you think prayer is completely illogical. Or conversely, you have seen prayer bring you a measure of comfort that is unexplainable. What if prayer was actually the most important and powerful aspect of a relationship with Jesus?

**BIG IDEA: Prayer isn't our last resort, it's our first and best option.**

### DISCUSSION QUESTIONS

1. Follow up from last week: How did you experience God's grace when you approached him from a posture of humility, perhaps on your knees, this week?
2. What insight did you discover from this weekend's message?
3. Describe your prayer life in regard to God and to your friends and family. Do you ask others to pray for you? Why or why not?
4. Share a time when you felt that God either answered or did not answer your prayer and how it affected your view on prayer.
5. With your Bible or the YouVersion app, read James 5: 13-16. When should we should pray? What is the role of confession with prayer? Why is it important for others to pray for you? What is your role when you pray for others?
6. With your Bible or the YouVersion app, read Luke 11: 1-13. In spite of all the disciples witnessed Jesus do, this is the only thing that they asked him to teach them. Why do you think this was so?
7. How is Jesus' instructions on prayer different from how we typically pray?
8. Describe your experience and level of faith when it comes to prayer. The end goal of prayer is not the specific healing (or other outcome) that is sought but the experience of life with Jesus. What do you think about this?
9. How will you respond this week in terms of your need for prayer?

