



## STRAIGHT FROM THE HEART Pt 1: Timeless

Fashion trends come and go, they are ever changing, but some things are timeless. Chuck Taylors, a good blue jean jacket... However, most fashion trends die and for good reason! Think back to some of the fashion trends when you were younger, if you are anything like me those memories likely make you cringe. This leaves me with the question “what is timeless for Christians?” What can we embrace that we know will always be in style? Paul gives us clear instructions on what to wear in his letter to the Colossians.

**Big Idea: We have a clothing issue.**

## DISCUSSION QUESTIONS

1. What is the fashion trend from when you were young that makes you cringe the most?
2. Do you have any old fashion trend items sitting in your closet that you are holding on to just in case it comes back?
3. With your Bible or Bible App, **read Colossians 3:7-14.**
4. What are the ways that Paul is saying we “use” to walk in (v.7-8)? How many of these ways do you still walk in?
5. Paul uses language like “you have taken off your old self” and “you have put on the new self.” (v.9) what exactly do you think Paul is referencing? Who were you before you had a relationship with Jesus? What changes have you seen since?
6. In Verse 11 Paul says that “Here there is no...”) and then makes a list of various groups of people in the church at Colossae. If Paul was to write this same letter to the church today, what groups would he use? Some of these groups you belong to and some of them might be juxtaposed to your group, how does knowing that “Christ is all, and is in all” (v. 11)?
7. If we are supposed to take off our old self (anger, rage, malice, slander, and filthy language), then how exactly are we supposed to clothe ourselves (v.12)?
8. Out of the following list which do you find the most difficult to wear daily?
  - a. Compassion: Caring in a way that your guts get twisted.
  - b. Kindness: Loaning your strength to someone’s weakness.
  - c. Humility: Knowing the difference between where you stand, and He sits.
  - d. Gentleness: Deciding to come to someone else’s level of strength.
  - e. Patience: Choosing to move at someone else’s speed.
9. How can your group help you wear the right clothes?