



PART SIX: THE ULTIMATE FIGHT

If we're honest, for some of us the ultimate fight is just making it through the month without another disaster. For others, the ultimate fight is making it through the day without slapping someone in the face! What do we do when it seems like all of our energy is wasted because life is beating us down?

BIG IDEA: God is bigger than your battles.

DISCUSSION QUESTIONS

1. Describe a time in your life when one it seemed like you took one step forward only to take 5 steps backward? What happened the last time you found yourself fighting what appeared to be a losing battle?
2. What impacted you the most from this week's sermon? Encouraged you? Challenged you?
3. In relation to the entire 6-week study in Ephesians, what steps have you taken to "stand?"
4. With your Bible or Bible App, read Joshua 1:1-9 and Ephesians 6:10-18

1 After the death of Moses the Lord's servant, the Lord spoke to Joshua son of Nun, Moses' assistant. He said, 2 "Moses my servant is dead. Therefore, the time has come for you to lead these people, the Israelites, across the Jordan River into the land I am giving them. 3 I promise you what I promised Moses: 'Wherever you set foot, you will be on land I have given you— 4 from the Negev wilderness in the south to the Lebanon mountains in the north, from the Euphrates River in the east to the Mediterranean Sea[a] in the west, including all the land of the Hittites.' 5 No one will be able to stand against you as long as you live. For I will be with you as I was with Moses. I will not fail you or abandon you. 6 "Be strong and courageous, for you are the one who will lead these people to possess all the land I swore to their ancestors I would give them. 7 Be strong and very courageous. Be careful to obey all the instructions Moses gave you. Do not deviate from them, turning either to the right or to the left. Then you will be successful in everything you do. 8 Study this Book of Instruction continually. Meditate on it day and night so you will be sure to obey everything written in it. Only then will you prosper and succeed in all you do. 9 This is my command—be strong and courageous! Do not be afraid or discouraged. For the Lord your God is with you wherever you go."

Joshua 1:1-9 (NLT)

10 A final word: Be strong in the Lord and in his mighty power. 11 Put on all of God's armor so that you will be able to stand firm against all strategies of the devil. 12 For we[d] are not fighting against flesh-and-blood enemies, but against evil rulers and authorities of the unseen world, against mighty powers in this dark world, and against evil spirits in the heavenly places. 13 Therefore, put on every piece of God's armor so you will be able to resist the enemy in the time of evil. Then after the battle you will still be standing firm. 14 Stand your ground, putting on the belt of truth and the body armor of God's righteousness. 15 For shoes, put on the peace that comes from the Good News so that you will be fully prepared.[e] 16 In addition to all of these, hold up the shield of faith to stop the fiery arrows of the devil.[f] 17 Put on salvation as your helmet, and take the sword of the Spirit, which is the word of God. 18 Pray in the Spirit at all times and on every occasion. Stay alert and be persistent in your prayers for all believers everywhere

Ephesians 6:10-18 (NLT)

5. What is the connection between Joshua 1:1–9 and Ephesians 6:10–18?
6. How does God use the process of spiritual warfare to shape us into the people He has designed us to be?
7. Discuss the various parts of the armor of God and how they would be applied to one's life.

WHAT WILL YOU DO?

This week, be aware of the difference between human battles and spiritual battles. How can we as a group support each other this week as we choose to put on the full armor of God?

CHANGING YOUR MIND

10 A final word: Be strong in the Lord and in his mighty power. 11 Put on all of God's armor so that you will be able to stand firm against all strategies of the devil. - Ephesians 6:10-11 (NLT)