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bigIdea small group discussion

We are part of a culture that spends more money each year on pornography than country music, rock music, jazz music, classical music, Broadway plays, and ballet combined. Well, today we're exposing the dirty little secret called pornography. It is an open and honest discussion to bring awareness about the reality of pornography use and abuse that is rampant in the church while bringing hope to those who are struggling with pornography addictions/strongholds. For some it is ludicrous to link three Xs with "church," and for others it is long overdue. The one undeniable truth that can't be ignored is the blatant push for all things sexual in our society. Porn Sunday seeks to drive the conversation about pornography into our churches, families and lives. This Sunday's service brings healing to those sitting in churches who are caught up in pornography.



BIG IDEA: Pornography is always progressive. See your sin as God sees it. Confess your sin and take ownership of your problem.

DISCUSSION QUESTIONS

1. *With your Bible or YouVersion, read Job 31:1.* What are some of your danger zones visually and non-visually? Discuss some effective boundaries that would keep you from these danger zones?
2. Discuss some effective boundaries that can also keep us close to God. How can you practically incorporate Job 31:1 (eyes) and 2 Corinthians 10:5 (mind) into your everyday?
3. *With your Bible or YouVersion, read Colossians 3:5-6 and Ephesians 5:3-4.* How does God feel about sexual sin? How serious should you take this issue?
4. *With your Bible or YouVersion, read Acts 15:29 and 1 Corinthians 6:18.* How does the Bible say we should battle sexual sin?
5. *With your Bible or YouVersion, read 1 Thessalonians 4:3-5,7.* How does God feel about sexual sin? Why do you think God takes sexual sin so seriously? How serious do you take this issue?
6. It is important to admit our mistakes to God and to ourselves. If we don't see our behavior and habits as a severe problem, we will not have the motivation to change it. Have you admitted your mistakes/sin to God?
7. Do you have any unconfessed sin you'd like to take to God at this time?

SERMON POINTS...

1. Pornography addiction can happen to any of us.
2. Realize you are not strong enough to get over this on your own.
3. Just a little porn is not okay.
4. Spend more time in God's word and less time on the Internet and watching TV.
5. Don't wing it when it comes to your integrity.
6. Don't go solo. Get people around you who will help you.
7. Be accountable. Download X3Watch for free from XXXchurch.com.
8. Get help... take the next step (XXXchurch small group Recovery books, X3pure, counselor)
9. Clean it up... make some choices to remove the obstacles that are getting in the way.
10. Talk about it. Help others as you tell your story. Don't keep it quiet.



THINK ABOUT IT

It is time that we begin to open up with our spouses with our children and address the reality of this issue. Porn is known as “the dirty little secret” because no one wants to talk about it. There is a huge fear that if we identify the problem it will make it worse and a misconception that if we ignore the problem it will go away. The problem is without confronting the issue and talking about it there seems to be little hope.

SCRIPTURES TO GO DEEPER

Job 31:1, Psalm 32; Matthew 5:28; Mark 7:21-23; Acts 15:29; Romans 13:12-13; 1 Corinthians 5:11; 1 Corinthians 6:13; 1 Corinthians 6:18-20; 2 Corinthians 12:21; Galatians 5:16,19; Ephesians 5:3-4; Colossians 3:5-6; 1 Thessalonians 4:3-5,7; Hebrews 12:16; Hebrews 13:4.

WHAT WILL YOU DO?

This week write out your history of sexual sin. Where did it start? Where did it go? This will allow you to go through the steps that brought you here in your story. Then take some verses above that speak to you and write them in your journal (This will start pages of scripture you can begin to meditate on daily). Then write out in your own words how God feels about sexual sin. This is a starting point for you to face the reality of where you are so you can build the right plan of healing!

We need to admit our mistakes to God and ourselves. If we don't see this as a severe problem, we will not have the motivation to change it.

RESOURCES

Classes, Conferences, Groups, Rehabilitation, and Information:

www.xxxchurch.com

Great resource and information

www.x3pure.com

Married Men's Workshop: 30-day Online Program - \$99 Single Guys' Workshop: 30-day Online Program - \$99 Single Girls' Workshop: 30-day Online Program - \$99

www.x3watch.com

Tool for online integrity and accountability

www.settingcaptivesfree.com/courses/topics/sexual-purity/

Door of Hope - freedom from homosexuality: 60-day interactive course - FREE Way of Purity - freedom from pornography: 60-day interactive course - FREE

www.everymansbattle.com

Conferences around winning the war on sexual temptation

www.exodusinternational.org

Exodus - Thinking of Leaving Homosexuality

www.loveinaction.org/home

Love In Action - Finding freedom in Jesus from sexual and relational sin.

www.prodigalsonline.org

Prodigals International – breaking the bonds of sexual addiction

www.shannonethridge.com

Learn more about Shannon's three passions: Sexual Integrity, Sexual Intimacy, and Intimacy with God.

www.cindybeall.com/?page_id=357

An incredible honest story of pain (pornography addiction, adultery) to hope and healing.

www.joedallas.com/

Reclaiming Godly sexuality

www.covenanteyes.com

Fighting Internet temptation

CHANGING YOUR MIND

Run from sexual sin! No other sin so clearly affects the body as this one does. For sexual immorality is a sin against your own body. Don't you realize that your body is the temple of the Holy Spirit, who lives in you and was given to you by God? You do not belong to yourself, for God bought you with a high price. So you must honor God with your body.

1 Corinthians 6:18-20