



# LIFE Hacks

## LIFE HACKS, PART 3: HUMILITY

A life hack is a new way of doing something that has a better result than your previous way of doing it. Doesn't a better result sound inviting? What if there was a life hack that would move you from disgrace and to honor? Being honored at work or home sounds great, right? King Solomon, the wisest man who ever lived, had something to say about how to pursue a life of honor.

**BIG IDEA: Be humble or be humbled.**

### DISCUSSION QUESTIONS

*\* Remember the goal is to use the questions to generate discussion, not to complete every one.*

1. What is one of your favorite proverbs or trustworthy sayings, whether from the Bible or another source? How has it influenced your perspective on life?
2. *With the Bible or Bible App, read the following Proverbs:*

*Let someone else praise you, not your own mouth—a stranger, not your own lips. Proverbs 27:2*

*Pride ends in destruction; humility ends in honor. Proverbs 18:12*

*Pride goes before destruction, and haughtiness before a fall. Proverbs 16:18*

*The fear of the Lord teaches a man wisdom, and humility comes before honor. Proverbs 15:33*

*Pride leads to disgrace, but with humility comes wisdom. Proverbs 11:2*

3. God and people resist the proud. So, how do you know if you are proud?
4. Talk about a time when you have seen “be humble or be humbled” play out.
5. What are some indicators that someone is secure? What are some indicators that someone is insecure?
6. What does it look like to take the low place at work? At home? In other relationships?
7. In which environments or situations are you most susceptible to experiencing envy and insecurity? How do you fight against them?
8. How can you celebrate others in your areas of influence? How can you encourage one another to practice humility this week?

### MOVING FORWARD

Humility is not something we possess. It is something we practice. It takes effort and intention, but it's worth it. Humility keeps us from the path of disgrace and leads us toward honor.

This week spend some time reading and reflecting on Proverbs 11, 15, 18, and 27.

### CHANGING YOUR MIND

*Pride ends in destruction; humility ends in honor.*

*Proverbs 18:12*