



# THE KING HAS COME

## THE KING HAS COME PT 2: FOLLOW THE LIGHT

According to modest estimates, there are about 100 billion observable stars. Each of them is powerful and potentially life-giving in its own right. And yet, for all of their power, might, heat, and light, the only thing comparable to a star's power is its converse...darkness. Darkness is cold and uninviting. Darkness can be dangerous. It is the absence of light. Can you imagine a powerful darkness that sucks out even the possibility of light? Can you imagine a powerful darkness that leaves people feeling hopeless and helpless? What if there was a way toward the light?

## Big Idea: **Following King Jesus Leads to the Light**

### DISCUSSION QUESTIONS

1. What emotions do you feel the strongest during the Christmas season? Why?
2. Talk about a time when you encountered darkness (physical or spiritual). How did you feel? How did you escape the darkness?
3. With your Bible or Bible App, **read Isaiah 9:1-7**
4. What is Isaiah saying about the darkness? What promises are found in this passage? How does this relate to hope and help?
5. During the message, Carlo mentioned how mental health issues are often compared to darkness. Why are people afraid to discuss their mental health issues in church or small groups?
6. How do these promises in **Isaiah 9** give hope and help to someone struggling with anxiety, depression, anger, or other mental health issues?
7. What images come to mind when you think about Jesus as a wonderful counselor, everlasting father, prince of peace, and mighty God?
8. How does following Jesus help us come out of the "dark"?
9. How will you help spread the help and hope of Christmas to those in your life this week? How can this group help you come out of the dark?