



MIXTAPE WEEK 2: SHAKE IT OFF

"Words can never adequately convey the incredible impact of our attitude toward life. The longer I live, the more convinced I become that life is 10% what happens to us and 90% how we respond to it." - Chuck Swindoll

Where do you turn when it seems like life itself is kicking your butt?

BIG IDEA: You can overcome an overwhelming world because you have an overcoming savior.

DISCUSSION QUESTIONS

1. Think about the most annoying problem in your life right now? What song or song title best describes the situation? □
2. If you had to name the playlist for your life right now (not counting the problem in question 1), which title fits best?
 - Enter the Sandman
 - It's So Hard to Say Goodbye
 - Jesus Freak
 - Work, Work, Work
 - Can't Stop the Feeling
 - Let's Get It On
 - A Hard Day's Night
 - 10,000 Reasons
3. Think about the differences (or lack of differences) between your answers to question 1 and 2. How do your problems currently impact the way you feel about life in general? □
4. During the message, Carlo said, "Doubt and fear can be defeated by dwelling in what God has done for you in the past?" Respond to that statement. Do you agree? Why or why not? □
5. *With your Bible or the Bible App, read Psalm 3:1-8.* How believable is it to you that God could rescue David over and over again? What part did David play in his problems? What part did David play in his rescue? □
6. Why is it difficult for you to believe that God can rescue you from your haters, fears, and failures? What if you took God at His word. How might that change the way you currently live?
7. What is one step you can take today to trust God even in the middle of overwhelming circumstances? How can this group support you as you take that step?

WHAT WILL YOU DO?

Have you decided to trust God? If you trust him for salvation, what is stopping you from trusting him in every other area of your life?

CHANGING YOUR MIND

Isaiah 26:3 You will keep in perfect peace all who trust in you, all whose thoughts are fixed on you!