

FROZEN



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bigIdea small group discussion

Disney's *Frozen* has made 400 million dollars in the United States, and 1.1 billion internationally. It's the tale of two sisters: Elsa and Anna. Elsa has a unique gift—she can make ice and snow. But as Elsa uses her special gift, someone gets hurt. She has a choice—learn how to use her gift or conceal her gift, isolating her from people's love. She chooses concealment but soon learns that by hiding and running away, people still get hurt, and we're not becoming all that God is calling us to be. We all have gifts that God has given us. We can use them wisely and with the right intent that God has given the gift.



BIG IDEA: Fear keeps us frozen and we don't use our gifts.

DISCUSSION QUESTIONS

1. Which character to relate most to in the movie *Frozen* and why?
2. Have you ever used a particular gift or talent and it didn't go well? Maybe you were misunderstood? Tell the group about your experience and how you felt.
3. *With your Bible or YouVersion, read 1 Corinthians 12:7, 11.* Chris said that God gives every Christian a gift and has made you a 10 at something. What do you think your gift is? How can you help serve and contribute your gift at oneChurch.tv?
4. *With your Bible or YouVersion, read Matthew 25:14-30.* Who was one of the most talented people you knew in school? What happened to that person?
5. *In this parable, who dies the master represent?* The journey? The talents? The servants?
6. What happens to the two servants who doubled their investment? To the servant who hides their talent? On what basis were they rewarded?
7. If the Master returned today, what would He say about the way He used what talents and gifts He gave you?

Back to *Frozen*...

8. Elsa's biggest enemy was herself and her fear. Her fear of using her gift caused her to isolate herself and to run away. Did her isolation and running away fix anything? Did things get better or worse? Why doesn't isolation and running away ever fix anything?
9. How could Elsa's parents have responded in a more helpful way to Elsa's power when she was little?
10. *With your Bible or YouVersion, read 1 John 4:18.* What does the Bible says about fear and love? How does Anna's act of one true love in *Frozen* counteract Elsa's fear?
11. What are your fears? How would it change your fears if you felt perfectly loved?
12. What difference would it make in your life if you could really believe and know that the almighty God of the universe was absolutely, madly in love with you and that everything He did or allowed was somehow an expression of His perfect love for you? *With your Bible or YouVersion, read 2 Timothy 1:6-7.* What does Paul tell his young protégé Timothy? If Paul is telling Timothy to keep on using his gifts, what do you think Timothy is tempted to do?
13. In verse 7, what does God give us? What does He not give us?



GOING DEEPER

1. What examples have you seen of people who felt the need to perform in order to be accepted? Did it last, or did they have a melt down? Or was it more of an explosion?

*Don't let them in, don't let them see
Be the good girl you always have to be
Conceal, don't feel, put on a show
Make one wrong move and everyone will know*

2. Have you ever felt the need to be perfect? How does that feel?
3. *With your Bible or YouVersion, read Exodus 3:1-4:17.* God had approached Moses with an assignment that was over his head. Moses' initial response seemed to indicate a genuine humility. What was his response in verse 11? What was God's response to Moses?
4. Moses continues to ask questions, all of them pretty legitimate. What is Moses' question in verse 13? What was God's response to Moses?
5. Every time God responds by giving him a game plan and telling him he's got it covered. But look at Exodus 4:10. What was Moses' excuse? What was God's response to Moses? Did God get angry? (4:14)

There's a saying that goes, "If you want to make God laugh, tell him your plans." Well apparently **if you want to make God mad, tell him your limitations.** Moses oversteps his bounds by implying that his poor communication skills will undercut God's intention to use him to speak on His behalf. We might be tempted to think that Moses is once again displaying humility. In fact it's just the opposite. It's **pride.** We often think pride means overconfidence in our own abilities. But there is another side to pride that is often overlooked. It can also mean that you believe your limitations are an unstoppable obstacle to God's power and purposes in your life. There's nothing quite so prideful as thinking that you have the ability to single-handedly thwart what God wants to do in and through you.

6. If you have seen the movie "Frozen," what are some of the prominent themes of the movie? Which scenes conveyed a message of sacrificial love?
7. *With your Bible or YouVersion, read through 1 John 3:11-18.* Take two minutes as a group and list off as many connections between the movie "Frozen" and 1 John 3:11-18. How can these connections encourage your own faith and possibly even help build bridges with people in our culture? Were there any other themes in "Frozen" that reminded you of other truths in Scripture?
8. C.S. Lewis defined love by saying, "Love is not affectionate feeling, but a steady wish for the loved person's ultimate good as far as it can be obtained." This is similar to how "Frozen" defines love. Do you think this definition is related to what 1 John 3 says about the subject of love? Why or why not? Is this how culture at large would define the word "love"? What are some unhelpful or wrong ways our culture talks about love that may contradict this definition of love?
9. First John 3 not only defines love, but also clearly illustrates it *and* gives us practical ways to live it out. Why is this important? Were there any ways you were challenged to be more loving based on the passage in 1 John 3?
10. What did you take away from this weekend's message? How do you feel led to respond?
11. Have you ever felt that your desires were a bad thing? Why? How did you respond to that?
12. One extreme is to blindly follow your desires, the other is to deny them altogether. Which extreme do you tend to lean to? How can you find a healthy balance between those two extremes? Who do you know that lives life in a healthy balance between those two extremes? Is there anyone in the movie who you think has found that balance?
13. Spend some time summarizing prevailing attitudes your friends have about God and faith. What do those inside and outside the faith believe about faith? Do you agree with them? Why or why not?



MOVING FORWARD

Chris said that God gives every Christian a gift and has made you a *10* at something. What do you think your gift is? How can you help serve and contribute your gift at oneChurch.tv? Click [here](#) to join a team, or go to www.onechurch.tv < [join a team](#). By joining a team, you will find a place to serve and you'll get to know a smaller group of people better while you serve together. You get the opportunity to be a part of life change for another person, whether it be a greeter, serving in media, working with children, or a host of other opportunities of seeing people grow in their relationship with Jesus.

CHANGING YOUR MIND

This is why I remind you to fan into flames the gift God gave you. For God has not given us a spirit of fear and timidity, but of power, love, and self-discipline. 2 Timothy 1:6-7 (NLT)

