

ONE

PART THREE: HUMILITY TO UNITY

Everybody talks about unity and being unified, but no one wants to give up their rights and privileges to be unified. Yet we learn that is exactly what Jesus did for us—He humbled Himself for us.

BIG IDEA: Without Humility, there will never be unity.

DISCUSSION QUESTIONS

1. With your Bible or Bible App, [read Ephesians 4:1-3](#).

¹ Therefore I, a prisoner for serving the Lord, beg you to lead a life worthy of your calling, for you have been called by God. ² Always be humble and gentle. Be patient with each other, making allowance for each other's faults because of your love. ³ Make every effort to keep yourselves united in the Spirit, binding yourselves together with peace. [Ephesians 4:1-3 \(NLT\)](#)

2. After Paul reminds the Ephesians of their calling, what is the first command he gives them?
3. With your Bible or Bible App, [read Philippians 2:1-11](#).

¹ Is there any encouragement from belonging to Christ? Any comfort from his love? Any fellowship together in the Spirit? Are your hearts tender and compassionate? ² Then make me truly happy by agreeing wholeheartedly with each other, loving one another, and working together with one mind and one purpose. ³ Don't be selfish; don't try to impress others. Be humble, thinking of others as better than yourselves. ⁴ Don't look out only for your own interests, but take an interest in others, too. ⁵ You must have the same attitude that Christ Jesus had. ⁶ Though he was God, he did not think of equality with God as something to cling to. ⁷ Instead, he gave up his divine privileges; he took the humble position of a slave and was born as a human being. When he appeared in human form, ⁸ he humbled himself in obedience to God and died a criminal's death on a cross. ⁹ Therefore, God elevated him to the place of highest honor and gave him the name above all other names, ¹⁰ that at the name of Jesus every knee should bow, in heaven and on earth and under the earth, ¹¹ and every tongue declare that Jesus Christ is Lord, to the glory of God the Father.

[Philippians 2:1-11 \(NLT\)](#)

4. Reading between the lines, what was wrong with the church in Philippi?
5. How can almost every relationship be fixed by the principles found in Philippians 2:3-8? List some of the principles here:
6. What are some specific things you can do this week to “value others above yourselves?”
7. How is unity related to humility? How does Jesus exemplify this humility? (What stories from the Gospels come to mind?) What else stands out about Jesus in this passage?
8. Describe a time when you saw someone with position or power choose to serve rather than to leverage that position or status for their own benefit? How did you feel when you saw that? Were you surprised by their actions?
9. How would things change if verses 3-8 marked your family life? Church life? Work life?

MOVING FORWARD

To experience unity, we must love the way that Christ loved us. In other words, we treat the other person as the most important person in the world. Be willing to put them first. What is keeping you from this?

CHANGING YOUR MIND

Don't be selfish trying to impress others. Be humble, thinking of others as better than yourselves. Philippians 2:3