



Summer in the Psalms

SONGS OF SUMMER, PART 3: AMAZING GRACE

What if someone really knew the real you? Not the polished version you show the world—but your deepest flaws, struggles, mistakes, and shame. Would they still love you? Now take that question even deeper: *If God knew the real me, would He still want me?*

Many of us live under the weight of guilt and the fear of being "found out." But what if the very things you think disqualify you are the places where God wants to meet you with grace?

BIG IDEA: God knows absolutely everything about you—and still wants everything to do with you.

DISCUSSION QUESTIONS

1. Have you ever tried to hide something from someone—like a parent, a friend, or even God? What emotions did that experience stir in you?
2. *With your Bible or your Bible App, [reads Psalm 139:1-12](#).*

For the choir director: A psalm of David.

¹ O LORD, you have examined my heart and know everything about me. ² You know when I sit down or stand up. You know my thoughts even when I'm far away. ³ You see me when I travel and when I rest at home. You know everything I do. ⁴ You know what I am going to say even before I say it, LORD. ⁵ You go before me and follow me. You place your hand of blessing on my head. ⁶ Such knowledge is too wonderful for me, too great for me to understand! ⁷ I can never escape from your Spirit! I can never get away from your presence! ⁸ If I go up to heaven, you are there; if I go down to the grave, you are there. ⁹ If I ride the wings of the morning, if I dwell by the farthest oceans, ¹⁰ even there your hand will guide me, and your strength will support me. ¹¹ I could ask the darkness to hide me and the light around me to become night—¹² but even in darkness I cannot hide from you. To you the night shines as bright as day. Darkness and light are the same to you.

[Psalm 139:1-12 \(NLT\)](#)

3. How does it make you feel to know that God knows *everything* about you—your thoughts, actions, and words before you speak them? Do you find that truth comforting, convicting, or both?
4. Verse seven states, *I can never escape from your Spirit! I can never get away from your presence!* Why do you think we sometimes try to “run” from God or hide from Him emotionally or spiritually? How does this passage reshape your understanding of God's presence—even in your darkest or most shameful moments?
5. What does this passage say about your worth and identity? How does it challenge the way the world defines value and purpose?
6. CJ said, “You're not mass-produced—you're Master-crafted.” How does viewing yourself as *intentionally made by God* change the way you see your flaws, quirks, or perceived shortcomings? What would it look like to live as someone “tailor-made” by God?
7. *With your Bible or Bible App, [read Psalm 139:13-24](#).*

¹³ You made all the delicate, inner parts of my body and knit me together in my mother's womb. ¹⁴ Thank you for making me so wonderfully complex! Your workmanship is marvelous—how well I know it. ¹⁵ You watched me as I was being formed in utter seclusion, as I was woven together in the dark of the womb. ¹⁶ You saw me before I was born. Every day of my life was recorded in your book. Every moment was laid out before a single day had passed. ¹⁷ How precious are your thoughts about me, O God. They cannot be numbered! ¹⁸ I can't even count them; they

outnumber the grains of sand! And when I wake up, you are still with me! ¹⁹ *O God, if only you would destroy the wicked! Get out of my life, you murderers!* ²⁰ *They blaspheme you; your enemies misuse your name.* ²¹ *O LORD, shouldn't I hate those who hate you? Shouldn't I despise those who oppose you?* ²² *Yes, I hate them with total hatred, for your enemies are my enemies.* ²³ *Search me, O God, and know my heart; test me and know my anxious thoughts.* ²⁴ *Point out anything in me that offends you, and lead me along the path of everlasting life.* [Psalms 139:13-24 \(NLT\)](#)

8. According to verses seventeen and eighteen, how does God *feel* about you? What lies are you tempted to believe about your worth that contradict this truth?
9. “*Search me, O God, and know my heart... Point out anything in me that offends you...*” Why is this kind of prayer risky—but necessary—for spiritual growth? What “security checks” (like the TSA illustration that CJ mentioned) do you need to allow in your own heart, mind, or habits?
10. John Newton, a former slave trader, became a follower of Jesus and wrote *Amazing Grace* after encountering God's mercy. What parts of your past do you think might be too broken for God to use? How does Newton's story—and David's story—challenge that belief?
11. CJ reminded us that God doesn't run from us when we're messy—He runs *toward* us. Where in your life do you need to stop running and start receiving His grace?

MOVING FORWARD

You don't have to clean yourself up before coming to God. He already sees the real you—and He's not running away. He's running toward you. The grace of God is not based on your performance but on His perfect love. Step into it. Trust it. Live in it. You are known, loved, and wanted. *God knows everything about you and still wants everything to do with you.*

WHAT WILL YOU DO?

Which of the following do you most need this week?

- A prayer to pray: “Search me, O God...”
- A reminder to remember: “You know me and still want me.”
- A mission to move toward: Sharing God's grace with others

What's one concrete step you'll take based on today's discussion?

CHANGING YOUR MIND

“Search me, O God, and know my heart; test me and know my anxious thoughts.”

Psalms 139:23 (NLT)