



# LIFE Hacks

## LIFE HACKS, PART 4: FRIENDSHIPS

There is an often-ignored principle that determines the quality and direction of our lives. While we are quick to recognize the importance of this principle in our children's lives, as adults, we feel like we can disregard it. However, the truth is that we are just as impacted by the power of this principle now, as we were when we were younger. Today, we will discuss how we can become intentional about harnessing this principle for our spiritual development.

**BIG IDEA:** Your friends determine the direction and quality of your life.

### DISCUSSION QUESTIONS

*\* Remember the goal is to use the questions to generate discussion, not to complete every one.*

1. Tell the group about one or two of your friends. Why did you choose them? What was the basis for your connection?
2. **Parents Only:** If you could pick friends for your kids, who would you pick and why? What would be their characteristics of these friends?
3. How have these people influenced you? What is something that you have learned from each person?
4. *With the Bible or Bible App, [read Proverbs 13:20](#).*

*He who walks with the wise grows wise, but a companion of fools suffers harm.*

[Proverbs 13:20 \(NIV\)](#)

5. Specifically, who have been some of the biggest spiritual influences in your life? How did they influence you?
6. Who have you influenced this past week? Has it been a positive influence? Negative influence?
7. Chris said, *Your friend determine the direction and quality of your life*. As you look back, how have you seen this principle work itself out in your life?
8. As adults, we know this principle that *Your friends determine the direction and quality of your life*. We talk about this to our children and teenagers all the time. The problem comes when as adults? We think we're immune. Why do we tend to ignore our own advice?
9. One of our sayings at oneChurch is that "People who do life in community groups grow further faster." Do you agree or disagree? Why or why not?
10. Why do you think so many people resist getting into a community group?

### MOVING FORWARD

The promise from Proverbs 13:20 can be read alongside a similar warning from the New Testament: *Bad company corrupts good character* (1 Cor. 15:33). The Bible makes it clear that certain relationships are pivotal in our spiritual development, while others can lead us in directions we never intended to go.

### CHANGING YOUR MIND

*He who walks with the wise grows wise, but a companion of fools suffers harm.*

Proverbs 13:20