

# C<sup>1</sup> onechurch

## bigIdea

Most women don't feel pretty enough. Most women don't feel godly enough. Most women don't feel like they're loving enough. And all women don't feel like they're *doing* enough. But what if the Christian life isn't about doing, but being?

BIG IDEA: Am I Being, or am I doing?



### DISCUSSION QUESTIONS

1. If you were having to hire someone to do what a typical mother does, what would you include in their job description? Write down the job description.
2. Which woman do you relate to most—Mary or Martha? Explain your answer.

*Having a Mary Heart in a Martha World.* Deep inside of you there is a hunger, a calling to know and love God. To truly know Jesus Christ. Yet part of you is skeptical. Exhausted, you wonder how to find the strength or time. Nurturing your spiritual life seems like one more duty—one more thing to add to an already long list of have-to's—cooking, cleaning, laundry, driving kids from one event to another—a life spilling over with responsibilities. (Joanna Weaver, *Having a Mary Heart in a Martha World*, p. 2)

3. One woman said, “My life is a blender—and it’s stuck on frappe!” What inanimate object best describes how your life currently feels?
4. Read Luke 10:38-42. List at least two things you learn about Martha in this passage and at least two things you learn about Mary. How would you sum up Martha in one word? How would you sum up Mary?
5. Is it possible for our basic character to change, or are we destined to live our lives stuck in a predetermined nature? (Can a Mary become a Martha? Can a Martha become a Mary?) Explain your answer.
6. What does the Bible say in the following verses about our potential for change?

Ezekiel 36:26-27 \_\_\_\_\_

2 Corinthians 5:17 \_\_\_\_\_

Philippians 1:6 \_\_\_\_\_

7. Have you seen God's work of transformation in your own life or someone else's? How did you know it was a “Holy makeover” and not just a temporary “facelift”?
8. What practical things would you suggest for Martha types to spend time *being* instead of *doing*?

### GOING DEEPER

1. Read John 15:1-11, and write down all of the phrases that emphasizes being. Then write down all of the phrases that emphasizes doing. Is there a correlation/cause and effect between the two?
2. What is God calling us to do in this passage? How can we practically *abide in Jesus*?

### WHAT WILL YOU DO?

Read Matthew 11:28-30. Circle key words and think about these verses—really think about what Jesus is saying. Then memorize this passage phrase by phrase.

### CHANGING YOUR MIND

*But the Lord said to her, “My dear Martha, you are worried and upset over all these details! There is only one thing worth being concerned about. Mary has discovered it, and it will not be taken away from her.”*  
Luke 10:41-42