



PART FIVE: SHARING AND CARING

When we think about adding, following, and blocking, it is easy to think of the outside influences that we need to manage. However, it is equally important to consider our personal role in influencing others. When was the last time you audited your own social media posting habits to see what type of content you are sharing consistently?

BIG IDEA: Before you share, care.

DISCUSSION QUESTIONS

1. Have you ever been in an argument on social media (or face-to-face)? What was that like? In your own words, describe the discourse that you observe on social media. How has that impacted the way you share information with others?
2. Have you felt isolated or angry because of what someone else shared either on social media or in person? How so? Why is important to have healthy interactions with people who aren't like you?
3. With your Bible or Bible App, read Psalm 101:1-2 and Psalm 103:1-5a:

I will sing of your love and justice, Lord. I will praise you with songs. I will be careful to live a blameless life—when will you come to help me? I will lead a life of integrity in my own home.

I will sing of your love and justice, Lord. I will praise you with songs. I will be careful to live a blameless life—when will you come to help me? I will lead a life of integrity in my own home. Let all that I am praise the Lord; with my whole heart, I will praise his holy name. Let all that I am praise the Lord; may I never forget the good things he does for me. 3 He forgives all my sins and heals all my diseases. He redeems me from death and crowns me with love and tender mercies. 5 He fills my life with good things.

Psalm 101:1-2; 103:1-5a (NLT)

4. Based on these two Psalms, what types of things should we be sharing with the world?
5. Take a few moments right now to list some of the “good things” that God is doing in your life right now. Who do you know that could benefit from hearing you share those good things?
6. Carlo said, “What you share has significance.” What would our lives look like if we showed more care and concern for others, starting with the content that we choose to share? What would the world look like?

GROWING DEEPER

Read Philippians 4:1-8 and discuss the principles the writer shares. How can these principles be lived out—or typed out—on social media, text, or face-to-face?

MOVING FORWARD

This week: Share at least one “good thing” on social media, send an uplifting text message to someone who needs encouragement, and say something positive out loud when you feel a conversation turning negative.

