

## PART FOUR: ADD FOLLOW BLOCK

As much as there are some things we should delete in our lives, there are some things that should never be blocked. In fact, they need to be saved, added and followed. Pursued. We'll look at the kinds of things--and the kinds of people--you want to always have close to you.

**BIG IDEA: If want more good things in your life, increase the time you spend with good people.**

### DISCUSSION QUESTIONS

1. Name two or three things in your life right now you would call great. How did you discover them?
2. Which people have had some of the best influence on you over the course of your life? In what ways have you cultivated these relationships to make sure they stay as strong influences in your life?
3. Have some people been a bad influence in your life? What happened?
4. With your Bible or Bible App, read Psalm 101:1-2, 6-8

*I will sing of your love and justice, Lord. I will praise you with songs. 2 I will be careful to live a blameless life—when will you come to help me? I will lead a life of integrity in my own home. I will search for faithful people to be my companions. Only those who are above reproach will be allowed to serve me. 7 I will not allow deceivers to serve in my house, and liars will not stay in my presence. 8 My daily task will be to ferret out the wicked and free the city of the Lord from their grip.*

*Psalm 101:1-2,6-8 (NLT)*

5. Who are some of the people in your life that meet the characteristics of the people David describes (v.6)?
6. What are you doing in your life right now to make the people who influence you most positively in your life even stronger?
7. Carlo walked you through the three responses to wise, foolish, and evil people. Which step do you find the toughest to implement? Why? What would it take to cultivate a team of wisdom in your life?

### GROWING DEEPER

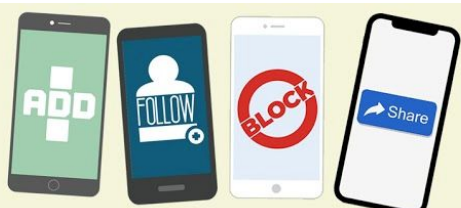
Read Proverbs 13:20 and discuss the principles the writer shares. Does associating with the wise make you wiser? What's the impact of associating with fools? How would you define 'foolish' after this series?

### MOVING FORWARD

This week, Schedule a lunch or coffee with at least one person you think has the potential to add wisdom to your life. If you're looking for excellent things, the place to start is excellent people.

### CHANGING YOUR MIND

"I will search for faithful people to be my companions." - Psalm 101:6



**BOOSTING THE GOOD AND  
DELETING THE TOXIC  
FROM YOUR LIFE**

