



LIFE Hacks

LIFE HACKS, PART 1: INTEGRITY

No one is going to argue against integrity. We all want leaders with integrity. We all want to marry people with integrity. And we all want to be people of integrity. The problem is when it comes to defining integrity. What is it? And what does it take to have it? It may not be what you think.

BIG IDEA: Integrity is doing what you ought to do even if it costs you.

DISCUSSION QUESTIONS

** Remember the goal is to use the questions to generate discussion, not to complete every one.*

1. What is one of your favorite life hacks?
2. How have you seen a lack of integrity play out in each of the four areas (work, relational, financial, spiritual)?
3. Chris defined integrity as “*doing what you ought to do even if it costs you.*” Discuss your thoughts on this definition.
4. What did Chris mean when he said, “It’s hard to build integrity alone”? Do you agree or disagree?
5. *With the Bible or Bible App, read [Proverbs 11:3](#). Discuss your thoughts on this proverb.*

The integrity of the upright guides them, but the unfaithful are destroyed by their duplicity.

[Proverbs 11:3 \(NIV\)](#)

6. For each area, which of the hacks resonated with you? Why?
7. Take the Integrity Challenge: Select one area. Define your reality. Identify what needs to change. Tell someone. Share with your group members what area you have chosen and how they can encourage you.

MOVING FORWARD

Integrity is not something we have; it is something to be applied. And integrity is not applied in a vacuum. We need people who can encourage and help us to see reality accurately. It takes intention and courage, but the cost is well worth the impact it can have in every area of our lives. The question is, are you willing to accept the challenge?

This week spend some time reading and reflecting on Proverbs 11:3, Luke 16:10, and Proverbs 2:7.

CHANGING YOUR MIND

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[Proverbs 11:3 \(NIV\)](#)