

CROSS CHURCH



OCTOBER 10-11, 2026
LIE DETECTOR: PART 3
IT WASN'T ME.

GENESIS 3:11-13 And he said, "Who told you that you were naked? Have you eaten from the tree that I commanded you not to eat from?" The man said, "The woman you put here with me—she gave me some fruit from the tree, and I ate it." Then the Lord God said to the woman, "What is this you have done?" The woman said, "The serpent deceived me, and I ate."

Why Do We Blame?

1. Self-Preservation.

GENESIS 3:10 He answered, "I heard you in the garden, and I was afraid because I was naked; so I hid."

2. Self-Deception.

SELF-PRESERVATION CREATES THE NEED FOR A BETTER STORY.
SELF-DECEPTION WRITES IT.

The Antidote:

- **The antidote to self-deception is truth.**

PROVERBS 28:13 Whoever conceals their sins does not prosper, but the one who confesses and renounces them finds mercy.

1 JOHN 1:9 If we confess our sins, he is faithful and just and will forgive us our sins and purify us from all unrighteousness.

- **The antidote to self-preservation is trust.**

GENESIS 3:21 The Lord God made garments of skin for Adam and his wife and clothed them.

GALATIANS 6:1 Brothers and sisters, if someone is caught in a sin, you who live by the Spirit should restore that person gently. But watch yourselves, or you also may be tempted.

What is the Holy Spirit speaking to me today, and how can I apply it?