

CROSS CHURCH



MARCH 09-10, 2024

AT THE TABLE

PART 3: CONFLICT

AT THE TABLE

LUKE 10:38-42 As Jesus and his disciples were on their way, he came to a village where a woman named Martha opened her home to him. She had a sister called Mary, who sat at the Lord's feet listening to what he said. But Martha was distracted by all the preparations that had to be made. She came to him and asked, "Lord, don't you care that my sister has left me to do the work by myself? Tell her to help me!" "Martha, Martha," the Lord answered, "you are worried and upset about many things, but few things are needed—or indeed only one. Mary has chosen what is better, and it will not be taken away from her."

WE SETTLE CONFLICT AT THE TABLE WHEN...

1. Stop pointing fingers.

PSALM 19:12 How can I know all the sins lurking in my heart? Cleanse me from these hidden faults.

WE HEAR OUR INTENTIONS BUT WE HEAR OTHERS TONE.

Try to HEAR:

- Hone in on their words.
- Empathize with their emotions.
- Avoid assumptions or judgements.
- Reflect on what they express.

Learn to SPEAK:

- Share from a personal perspective.
- Pause to allow reflection.
- Express feelings authentically.
- Articulate honestly, be clear, be respectful.
- Keep statements concise.

2. Focus on the right priorities.

LUKE 10:40 But Martha was **distracted** by all the preparations **that had to be made**. She came to him and asked, "Lord, don't you care that my sister has left me to do the work by myself? Tell her to help me!"

PERISPAÓ—to be drawn away, metaphorically it is to be driven about mentally, to be over-occupied, too busy. Distracted.

THE GOAL IS TO BE PRESENT, NOT TO BE PERFECT.

2 TIMOTHY 1:7 *For the Spirit God gave us does not make us timid, but gives us power, love and self-discipline.*

WHEN YOU ARE FOCUSED ON OTHER SERVANTS AND NOT THE SAVIOR—YOUR HEART WILL GET SOUR.

WHEN YOU ARE FOCUSED ON THE LABOR AND NOT THE LORD—YOUR HEART GETS LOUSY

FOCUS ON THE BURDEN AND NOT THE BLESSING AND YOU GET BITTER.

FOCUS ON THE FRUSTRATIONS AND NOT THE FREEDOMS WE HAVE AND YOU FREAK OUT.

FOCUS ON THE MESS OVER THE MISSION (OR MESSAGE) AND YOUR HEART GETS MUSTY.

3. Present your case to Jesus.

TABLE TALK:

Take the time for intentional conversations and questions with your friends and family based on this weekend's message!

Visit the link to get started: crosschurchhouma.com/tabletalk

What is the Holy Spirit speaking to me today, and how can I apply it?

DIVE NIGHT
7TH–12TH GRADE
Wednesdays
at 7PM
*in the Family
Ministry Building*

**CROSSWALK
CLASSES**
IN PERSON
Sunday at 10:15 AM
crosschurchhouma.com/crosswalk

LADIES TEA
APRIL 13 AT 10 AM
*Register online or
on the app!*
crosschurchhouma.com/tea

**EASTER
CELEBRATION**
MARCH 23–24
*During Cross Kids'
services!*
crosschurchhouma.com

CROSS KIDS PRE CHECK-IN
AVOID THE LINES BY PRE CHECKING IN YOUR KIDS ONLINE!
crosschurchhouma.com/checkin

WATCH THE LATEST MESSAGES AND GET CONNECTED!
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