

# CROSS CHURCH



MAY 13-14, 2023

**SPRING  
TRAINING:  
SESSION 4—  
SPIRITUAL STRETCHING**

**JOHN 15:9-12** *"As the Father has loved me, so have I loved you. Now remain in my love. If you keep my commands, you will remain in my love, just as I have kept my Father's commands and remain in his love. I have told you this so that my joy may be in you and that your joy may be complete. My command is this: Love each other as I have loved you.*

**JOHN 13:34-35** *"A new command I give you: Love one another. As I have loved you, so you must love one another. By this everyone will know that you are my disciples, if you love one another."*

**JOHN 14:15** *"If you love me, keep my commands."*

**JOHN 14:21** *Whoever has my commands and keeps them is the one who loves me. The one who loves me will be loved by my Father, and I too will love them and show myself to them."*

**JOHN 14:23-24** *Jesus replied, "Anyone who loves me will obey my teaching. My Father will love them, and we will come to them and make our home with them. Anyone who does not love me will not obey my teaching. ..."*

**JOHN 15:17** *This is my command: Love each other.*

## **STRETCHING PAINS:**

**1. Love is a command.**

**2. Love has a source.**

**MATTHEW 22:37-40** *Jesus replied: " 'Love the Lord your God with all your heart and with all your soul and with all your mind.' This is the first and greatest commandment. And the second is like it: 'Love your neighbor as yourself.' All the Law and the Prophets hang on these two commandments."*

**3. Love is sufficient.**

**4. Love has a promise.**

**NEHEMIAH 8:10** *"... Do not grieve, for the joy of the LORD is your strength."*

**PSALMS 16:11** *You make known to me the path of life; you will fill me with joy in your presence, with eternal pleasures at your right hand.*

**MATTHEW 25:35-36** *For I was hungry and you gave me something to eat, I was thirsty and you gave me something to drink, I was a stranger and you invited me in, I needed clothes and you clothed me, I was sick and you looked after me, I was in prison and you came to visit me.'*

**MATTHEW 25:40** *"The King will reply, 'Truly I tell you, whatever you did for one of the least of these brothers and sisters of mine, you did for me.'*

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**What is the Holy Spirit speaking to me today, and how can I apply it?**

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**CROSSWALK CLASSES**

**IN PERSON**  
Sunday at 10:15 AM  
[crosschurchhouma.com/crosswalk](http://crosschurchhouma.com/crosswalk)

**DIVE NIGHT**

**7TH GRADE-12TH GRADE**  
**Wednesdays at 7PM**  
*in the Family Ministry Building*

**SMALL GROUP LEADER**

**LEAD A GROUP!**  
*Sign up to lead*  
[crosschurchhouma.com/smallgroups](http://crosschurchhouma.com/smallgroups)

**VACATION BIBLE SCHOOL**

**JUNE 19-23**  
*Register your child & sign up to serve!*  
[crosschurchhouma.com/signup](http://crosschurchhouma.com/signup)

**REACH TEAM CRAWFISH BOIL**

**MAY 25 AT 5:30PM**  
*Sign up to attend!*  
[crosschurchhouma.com/signup](http://crosschurchhouma.com/signup)

**SMALL GROUP LEADER TRAINING**

**May 21 at 11:30AM**  
**May 27 at 4:00PM**  
*in the vision room*  
[crosschurchhouma.com/smallgroups](http://crosschurchhouma.com/smallgroups)

**CROSS KIDS PRE CHECK-IN**

**AVOID THE LINES BY PRE CHECKING IN YOUR KIDS ONLINE!**  
[crosschurchhouma.com/checkin](http://crosschurchhouma.com/checkin)

**WATCH THE LATEST MESSAGES AND GET CONNECTED!**

**Cross Church Houma App | [crosschurchhouma.com](http://crosschurchhouma.com)**