## "Resurrection Life"

## Summary

The resurrection of Jesus isn't just a historical event we celebrate on Easter Sunday - it's the beginning of a transformative journey for each of us. As believers, we're called to 'walk in newness of life' (Romans 6:4), experiencing our own spiritual resurrection daily. This message challenges us to examine the authenticity of our faith. If we truly believe in Christ's resurrection, shouldn't our lives reflect that power? We're encouraged to move beyond a life of spiritual 'mixture' and compromise, instead pursuing wholehearted devotion to God. The story of Mary anointing Jesus with costly perfume (John 12) serves as a powerful example of undivided worship. In contrast, Judas's reaction reveals the danger of a divided heart. As we face temptations to compromise, we're urged to stay spiritually awake, following Jesus's example in Gethsemane of fervent prayer and submission to God's will. This message invites us to recalibrate our values in God's presence, allowing His love to purify our hearts and motivations.

## Main Points - Resurrection Life

Title: Embracing Resurrection Life: Moving Beyond Mixture

Sermon Summary: This message explores the concept of resurrection life and how believers should fully embrace it rather than settling for a life of spiritual mixture. Pastor Zach emphasizes that the resurrection is not the end but the beginning of a transformed life. He challenges us to live out our faith with the same assurance we have in Christ's resurrection, avoiding compromise and pursuing a pure, unmixed devotion to God.

### **Key Points:**

- The resurrection is the beginning, not the end, of the Christian journey
- Believers should walk in "newness of life" equal to their assurance of Christ's resurrection
- Avoid spiritual mixture and compromise in faith
- Pray to resist temptation and maintain a single-hearted devotion to God
- The presence of God recalibrates our values and priorities

### Scripture Reference:

- Romans 6:4
- 1 John 2:15-17
- Matthew 26:36-41
- Hebrews 10:22

## Stories:

- The story of Mary anointing Jesus with expensive perfume (John 12)
- Jesus praying in the Garden of Gethsemane while the disciples fell asleep
- Brief mention of Moses refusing to compromise with Pharaoh about sacrifices (Exodus 10)

# Small Group Study Guide - Resurrection Life

### **Opening Prayer:**

Ask God to help the group understand and apply the message about resurrection life and avoiding mixture in our walk with Him.

### Key Takeaways:

- 1. The resurrection is not the end, but the beginning of our new life in Christ.
- 2. We are called to walk in "newness of life" to the same extent that we believe in Christ's resurrection.
- 3. Mixture (loving the world and God simultaneously) hinders our spiritual growth.
- 4. Jesus is our pattern for living without mixture or compromise.
- 5. When faced with temptation, we need to stay alert and pray.

#### **Discussion Questions:**

- 1. Pastor Zach mentioned that many people treat Easter as the culmination of the Christian experience. How can we shift our perspective to see resurrection as the beginning of our spiritual journey?
- 2. Romans 6:4 talks about walking in "newness of life." What does this mean to you practically? How can we demonstrate this in our daily lives?
- 3. The sermon highlighted the danger of "mixture" in our spiritual lives. Can you share an example of when you've struggled with having divided loyalties between God and the world?
- 4. How does staying in God's presence help "recalibrate our values"? Share a time when you experienced this.
- 5. Pastor Zach used the example of the disciples falling asleep in Gethsemane. How can we stay spiritually alert when facing temptation or challenges?
- 6. What does it mean to have a "true heart" or "sincere heart" as mentioned in Hebrews 10:22? How can we cultivate this in our lives?

### **Practical Applications:**

- 1. This week, identify an area in your life where you might be compromising or experiencing "mixture." Commit to praying about it daily.
- 2. Practice being more intentional about spending time in God's presence. Set aside 10-15 minutes each day for undistracted prayer and Bible reading.

- 3. Choose one way you can demonstrate "newness of life" this week (e.g., forgiving someone, serving others, breaking a bad habit).
- 4. Reflect on your values and priorities. Are they aligned with God's kingdom or the world? Make any necessary adjustments.
- 5. Find an accountability partner in the group to help you stay "awake" and alert in your spiritual walk.

### Closing Prayer:

Thank God for His resurrection power available to us. Ask for His help in living lives free from mixture and fully devoted to Him.

# Discussion Questions - Resurrection Life

How does understanding Jesus as the 'forerunner' change your perspective on the Christian journey? What does it mean for your personal walk with God?

The message mentions the danger of 'mixture' in our spiritual lives. In what areas of your life do you struggle with mixture, and how can you move towards greater purity in your devotion to God?

How does the concept of being 'changed from glory to glory' challenge or encourage you in your spiritual growth? What practical steps can you take to embrace this process?

Pastor Zach emphasizes that our 'new walk should equal our assurance that Christ is alive.' How can we cultivate a lifestyle that truly reflects our belief in the resurrection?

Reflecting on the story of Mary anointing Jesus with expensive perfume, how can we offer our own 'pure worship' to God, free from ulterior motives or compromise?

The sermon highlights the disciples falling asleep in Gethsemane. In what ways might we be 'spiritually asleep' when facing temptation or compromise in our lives?

How does the presence of God 'recalibrate our values'? Can you share an experience where encountering God's presence shifted your priorities?

Pastor Zach mentions having 'two hearts' - one on fire for Jesus and one that's tired. How do you navigate this internal conflict in your own spiritual life?

Considering the transformation of the disciples after the resurrection, how has your understanding of Christ's resurrection power changed your approach to challenges or persecution?

The sermon concludes by emphasizing the supremacy of love. How can we cultivate God's love in our hearts in a way that transforms our relationships and spiritual impact?

# Scriptures – Resurrection Life

Here are the scripture references mentioned or alluded to in the sermon, along with some relevant verses for the main themes discussed:

### **Explicitly Mentioned:**

- 1. Romans 6:4
- 2. Hebrews (reference to Jesus as forerunner)
- 3. 2 Corinthians 4 (renewal day by day)
- 4. Jeremiah (reference to being emptied from vessel to vessel)
- 5. Luke 24 (Jesus breaking bread with disciples)
- 6. Romans 6 (general reference)
- 7. 1 John 2:15-17
- 8. Romans 8 (God sparing not His Son)
- 9. John 12:5-8 (Mary anointing Jesus)
- 10. Exodus 10 (Moses refusing to leave without sacrifices)
- 11. Matthew 26:36-41 (Jesus in Gethsemane)
- 12. Hebrews 10:22

### Alluded to or Implied:

- 1. John 10:9 (Jesus as the door)
- 2. Isaiah 35:8 (Highway of holiness)
- 3. 2 Corinthians 3:18 (Changed from glory to glory)
- 4. Psalm 84:7 (Going from strength to strength)
- 5. Romans 1:17 (From faith to faith)
- 6. Acts 1:4-5 (Disciples told to wait in Jerusalem)
- 7. John 11:25 (Jesus as the resurrection and the life)
- 8. 1 Corinthians 13 (Love as the greatest)

#### Relevant verses for main themes:

- 1. Resurrection life: Colossians 3:1-4
- 2. Avoiding mixture/compromise: James 4:4
- 3. Renewing the mind: Romans 12:2
- 4. Intimacy with God: James 4:8
- 5. Overcoming temptation: 1 Corinthians 10:13
- 6. God's love: Romans 5:8
- 7. Spiritual growth: 2 Peter 3:18
- 8. Purity of heart: Matthew 5:8

## Devotional - Resurrection Life

Here's a 5-day Bible reading plan and devotional guide:

### **Day 1: Embracing Resurrection Life**

Reading: Romans 6:1-11

Devotional: The resurrection of Jesus is not just a historical event we celebrate once a year; it's the foundation of our new life in Christ. As we read in Romans 6, we are "buried with him by baptism into death" so that we "might walk in newness of life." Today, reflect on what it means to live a resurrected life. How has your faith in Christ's resurrection changed your daily walk? Ask God to help you fully embrace the power of His resurrection in every aspect of your life, transforming your thoughts, actions, and relationships.

### **Day 2: Overcoming Mixture in Our Hearts**

Reading: 1 John 2:15-17

Devotional: The message highlighted the danger of "mixture" in our spiritual lives - trying to love both God and the world. Today's reading reminds us that love for the world is incompatible with love for God. Examine your heart today. Are there areas where you're trying to compromise between godly values and worldly desires? Pray for God to give you a "true heart" (Hebrews 10:22) that is fully devoted to Him. Ask for the strength to let go of anything that competes with your love for God.

### **Day 3: The Power of Pure Worship**

Reading: John 12:1-8

Devotional: Mary's act of anointing Jesus with expensive perfume exemplifies pure, wholehearted worship. In contrast, Judas' reaction reveals a heart of mixture and compromise. Today, consider your own approach to worship. Are you holding anything back from God? Are there "expensive" areas of your life - time, talents, resources - that you're reluctant to offer to Him? Ask God to give you Mary's heart of extravagant devotion, and pray for the courage to offer your whole self in worship.

### **Day 4: Staying Awake in Spiritual Battles**

Reading: Matthew 26:36-46

Devotional: In Gethsemane, Jesus urged His disciples to "watch and pray" to avoid temptation, but they fell asleep. How often do we "fall asleep" spiritually when faced with challenges or temptations? Today, ask God to make you spiritually alert. Pray for discernment to recognize areas where you might be spiritually drowsy or vulnerable. Commit to staying "awake" through consistent prayer, Bible study, and fellowship with other believers.

### **Day 5: Love that Overcomes All**

Reading: 1 Corinthians 13:1-13

Devotional: The sermon concluded by emphasizing the supreme importance of love. Without love, even our most impressive spiritual gifts and accomplishments are meaningless. Today, meditate on the qualities of love described in this passage. How well does your life reflect these attributes? Ask God to fill you with His perfect love - love that is patient, kind, and perseveres through all circumstances. Pray for opportunities to demonstrate this transformative love to others, knowing that it is more powerful than any obstacle or hardship you may face.