

“Jesus the Blessor”

Summary

What does it mean to live as a people of blessing? This message takes us on a journey through one of Scripture's most remarkable stories of undeserved kindness -- the account of Mephibosheth in 2 Samuel 9, where a broken, fearful man is invited to eat at the king's table not because of anything he has done, but because of a covenant made between two friends. That single act of grace becomes a lens through which we can understand something profound about our own calling: we are not just recipients of blessing, we are carriers of it. Just as David extended the kindness of God for Jonathan's sake, we are invited to extend that same kindness to the world around us for Jesus' sake -- regardless of whether people deserve it, desire it, or even recognize it. The message challenges us to ask ourselves whether we are truly living as blessers, and whether we have allowed the generosity of God to flow through us into the lives of others. This is not a passive invitation. It is a covenant identity.

Small Group Study Guide – Jesus the Blessor

Overview

This sermon explores the nature of God as a blessing and calls believers to both receive and extend the kindness of God to others. Drawing from the story of David and Mephibosheth in 2 Samuel 9, the miracle of the feeding of the multitude recorded in all four Gospels, and personal testimony, the message challenges us to stop fixating on our limited resources and instead trust that God's blessing is the true determining factor in all fruitful ministry and life.

Key Takeaways

- **God blesses us so that we can become a blessing to others.** David received blessing from God and extended it to Mephibosheth not because Mephibosheth deserved it, but because of the covenant.
- **Jesus is a blessing.** The miracle of the feeding of the multitude is the only miracle recorded in all four Gospels, and it points to a foundational truth: the supply in hand is never the real issue. The blessing of the Lord resting on the supply is what matters.

- **The blessing of God transcends our limitations.** Our deficiencies in money, manpower, or ability do not disqualify us from fruitful ministry. When God blesses the work, nothing can ultimately wreck it.
 - **We are called to participate in the blessing.** Just as the disciples had to distribute the bread, we are not passive recipients. We are called to be active participants in extending the kindness of God.
 - **Releasing blessing to others opens the door for blessing to return.** Personal testimony illustrated how giving generously and without strings attached created a cycle of blessing that came back in unexpected ways.
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Discussion Questions

Opening Question

1. Think of a time when someone extended unexpected kindness to you. How did it affect you, and did it change the way you treated others?
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Section 1: The Kindness of God (2 Samuel 9)

2. Mephibosheth described himself as "a dead dog" and could not comprehend why David would show him such kindness. Have you ever struggled to receive God's blessing or felt unworthy of His favor? What made it difficult?
 3. David showed kindness to Mephibosheth not because of anything Mephibosheth had done, but because of the covenant he had made with Jonathan. How does understanding God's covenant with us through Jesus change the way we see His kindness toward us?
 4. The sermon describes David as "a blesser" who learned to bless the Lord and in turn became a channel of blessing to others. What does it look like practically to cultivate that same posture in your daily life?
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Section 2: The Miracle of Multiplication

5. The feeding of the multitude is the only miracle recorded in all four Gospels. Why do you think this particular miracle carries such weight? What does it communicate about who Jesus is?
6. The sermon states: "The meeting of the need was not dependent on the supply in hand, but on the blessing of the Lord resting on the supply." Where in your life are you currently tempted to assess the situation based on what you have rather than on what God can do?
7. Jesus gave thanks for a small, inadequate lunch before the miracle took place. What role does gratitude play in releasing the blessing of God? Are there areas of your life where you have been overlooking reasons to give thanks?

Section 3: Participating in the Blessing

8. The disciples were not spectators. They had to take the blessed bread and physically distribute it to the crowd. In what ways is God calling you to actively participate in distributing His blessing to those around you?
9. The sermon challenges the group: "We cannot do the unexpected while expecting results in proportion to our efforts." What would it look like for your group, your family, or your church to stop calculating and start trusting God for something beyond your own capacity?
10. The sermon points to Faith Christian Academy, outreach to Honduras, and care for those in need as expressions of the church extending the kindness of God throughout Nassau County. How can you personally connect with or support what God is doing through these efforts?

Section 4: A Lifestyle of Blessing

11. Dr. Wyns shared that he gave away two cars when leaving Africa with no strings attached, and later a stranger stopped and bought him a car. Have you ever experienced a moment where generosity you released came back to you in an unexpected way? What did that teach you about God?
12. The sermon says: "Even if people don't deserve or don't desire, it's who we be. We are blessing for Jesus' sake." Is there someone in your life who has been difficult to bless? What would it look like to extend the kindness of God to them regardless of how they respond?

Practical Applications

- **This week, write down ten specific things you are grateful for** that you have been taking for granted. Spend time in prayer thanking God for each one before you ask Him for anything else.
- **Identify one person in your life who needs to experience the kindness of God.** Decide on one concrete action you will take this week to be a blessing to them, with no expectation of anything in return.
- **Bring your "five loaves and two fish" to God in prayer.** Whatever feels inadequate in your life right now, your finances, your abilities, your time, intentionally place it before the Lord and ask Him to bless and multiply it for His purposes.
- **As a group, consider one collective act of blessing** you can extend to your community, your church, or a family in need. Plan it, commit to it, and do it together before your next meeting.
- **Memorize or meditate on the Aaronic blessing from Numbers 6:24-26** this week. Speak it over your family, your home, and your church.

Closing Prayer Focus

Close your time together by praying specifically over the following:

- That your group would develop a lifestyle of blessing rather than a lifestyle of calculation
- That God's blessing would rest on Living Waters World Outreach and Faith Christian Academy in a tangible, multiplying way
- That each group member would be positioned to both receive and release the kindness of God in the coming week
- That the windows of heaven would open over your church, your families, and your community

"Jesus is a blesser. His blessing multiplied the loaves, and we shall see the same."

Main Points – Jesus the Blessor

Sermon Summary:

This sermon centers on the nature of Jesus as a blessor and the call for believers to participate in extending that blessing to others. Drawing from the story of David and Mephibosheth in 2 Samuel 9 and the miracle of the feeding of the multitude recorded in all four Gospels, Dr. Wyns demonstrates that God's blessing is not dependent on the adequacy of human resources but on the Lord's hand resting upon what is offered to Him. Just as David showed the kindness of God to Mephibosheth for the sake of his covenant with Jonathan, believers are called to show the kindness of God to those around them for Jesus' sake. The sermon challenges the congregation to shift their gaze from their own limitations to the Lord, trusting that His blessing can multiply whatever is placed in His hands. Dr. Wyns also calls the church to embrace a new season of growth, favor, and expanded Kingdom impact throughout Nassau County.

Key Points:

- God blesses His people so that they can become a blessing to others, just as David was blessed by God and in turn showed the kindness of God to Mephibosheth
- The miracle of the feeding of the multitude is the only miracle recorded in all four Gospels, signifying its importance as a demonstration that God's blessing, not human supply, is the determining factor in meeting needs
- Gratitude and thanksgiving are essential postures for the believer, as Jesus Himself gave thanks before the miracle of multiplication took place
- Believers must stop assessing God's ability to work based on their own limited capacity and instead hand over what they have to Him, trusting His blessing to multiply it
- The disciples were required to participate in distributing the blessed bread, illustrating that God's blessing always involves human participation and action
- The church is called to show the kindness of God to Nassau County for Jesus' sake, regardless of whether people deserve or desire it, because it flows from the covenant established at Calvary
- Living Waters World Outreach is entering a new season of blessing, and the congregation is encouraged to believe God for significant growth and expanded ministry impact
- A lifestyle of blessing others, releasing what one has without strings attached, opens the door for God's blessing to flow back in unexpected and miraculous ways

Scripture Reference:

- 2 Samuel 9:6-8, in which David shows covenant kindness to Mephibosheth, the crippled son of Jonathan, restoring his land and inviting him to eat at the king's table continually
- Numbers 6, in which God instructs Moses on how Aaron is to pronounce a blessing over the people of Israel
- Matthew 14:17-20, in which Jesus takes five loaves and two fish, looks to heaven, blesses and breaks them, and feeds a multitude of more than five thousand

- Mark 6:38-44, Luke 9:13-17, and John 6:9-13, the parallel accounts of the feeding of the multitude
- Psalm 103, in which David calls his soul to bless the Lord and recalls God's benefits, including the ways God made His paths known to Moses
- Luke 6:28, in which Jesus instructs His followers to bless those who curse them
- James 1:25, which describes the doer of the work as one who will be blessed in what he does
- 1 Chronicles 4, the account of Jabez, who asked God to bless him indeed, and God granted his request
- 1 Kings 17, the account of the widow of Zarephath whose oil and meal did not run out through the blessing of God

Discussion Questions – Jesus the Blessor

David showed kindness to Mephibosheth not because of anything Mephibosheth had done, but because of a covenant made with Jonathan — in what ways does understanding God's covenant with us through Jesus change how we receive His blessings and how we extend them to others?

The sermon emphasizes that the feeding of the multitude was not dependent on the supply at hand but on the blessing of the Lord resting on that supply — where in your own life have you been guilty of assessing God's ability to work based on your own limited resources rather than His unlimited blessing?

Jesus is described throughout the sermon as 'the blessing,' and the miracle of the loaves and fish is the only miracle recorded in all four Gospels — what do you think God is communicating to us through the universal inclusion of this particular miracle, and why might multiplication be so central to understanding who Jesus is?

The disciples were required to participate in distributing the blessed bread to the multitude, meaning the miracle required human action — how does this challenge or reshape your understanding of the relationship between God's supernatural blessing and your personal responsibility to act?

Jabez, born into pain and unwanted by his own mother, boldly asked God to 'bless me indeed' and God granted his request — what personal barriers, whether feelings of unworthiness, past failures, or fear, might be preventing you from approaching God with that same bold expectation of blessing?

Dr. Wyns shared that he gave away both of his cars when leaving the mission field rather than selling them, and later received a car from a stranger prompted by God — how does this story challenge the way you think about generosity, and what might you be holding onto that God is calling you to release?

Dr. Wyns warns that we 'cannot do the unexpected while expecting results in proportion to our efforts' — in what specific areas of your spiritual life or ministry have you been limiting God by calculating outcomes based only on what you can see and measure?

The tribe of Ephraim, whose name means 'doubly blessed,' became the most prominent tribe in Israel partly because of the blessing spoken over them — how seriously do you take the spoken blessing, whether in prayer, in community, or over your family, as a real and active spiritual force?

Lifestyle of blessing others is not contingent on whether people deserve it, desire it, or even appreciate it — how does this unconditional model of blessing challenge the way you respond to those who have hurt, disappointed, or taken advantage of you?

Scriptures – Jesus the Blessor

Directly Cited References

Old Testament

- Numbers 6:24-26 — The Aaronic blessing: the Lord bless and keep you, make His face shine upon you, and give you peace
- 2 Samuel 9:6-8 — Mephibosheth brought before David, falling on his face before the king
- 2 Samuel 9:3 — David asking if anyone remains of Saul's house to whom he might show the kindness of God
- Psalm 103:1-2 — Bless the Lord, O my soul, and forget not all His benefits
- Psalm 103:7 — God made His ways known to Moses and His acts to the children of Israel
- 1 Kings 17:8-16 — The widow of Zarephath whose oil and meal did not run out
- 1 Chronicles 4:9-10 — Jabez calling on God to bless him indeed

New Testament

- Matthew 14:17-20 — Five loaves and two fish blessed and multiplied to feed the multitude
- Mark 6:38-44 — The feeding of the five thousand
- Luke 6:28 — Bless those who curse you
- Luke 9:13-17 — The feeding of the five thousand
- John 6:9-13 — The feeding of the five thousand
- John 6:35 — Jesus declaring Himself the bread of life
- James 1:25 — The doer of the work will be blessed in what he does

Alluded to or Thematically Referenced

- Psalm 107:1 — Oh give thanks to the Lord for He is good
- Deuteronomy 28:2 — All these blessings shall come upon you and overtake you
- Genesis 41:52 — The meaning of the name Ephraim as doubly fruitful or blessed
- Matthew 7:7 — Ask and it shall be given to you

Devotional – Jesus the Blessor

Theme: The Blessing of God — Receiving, Living, and Releasing It

Day 1: The Kindness of God Is Not Earned

Reading: 2 Samuel 9:1-8

Devotional: Mephibosheth expected judgment but received a feast. He called himself a dead dog, yet the king called him to the table. This is the nature of God's kindness — it is covenant-driven, not merit-driven. David showed kindness not because Mephibosheth deserved it, but because of a promise made to Jonathan. In the same way, God's blessing over your life is not contingent on your performance or your past. It flows from the covenant sealed at Calvary, for Jesus' sake. Today, stop disqualifying yourself. The table is already set. Your name has already been called.

Reflection Question: In what areas of your life have you been calling yourself a dead dog when God has been calling you to the table?

Practical Application: Write down three areas where you have struggled to receive God's kindness. Surrender each one to Him in prayer, acknowledging that His blessing is rooted in covenant, not in your worthiness.

Day 2: Gratitude Unlocks the Miracle

Reading: Matthew 14:17-20

Devotional: Before the multiplication came the thanksgiving. Jesus did not look at the scarcity in His hands and despair. He looked up to heaven and gave thanks. Gratitude is not a response to abundance — it is the posture that invites it. The disciples saw five loaves and two fish as a problem. Jesus saw them as an opportunity to demonstrate the Father's blessing. Whatever you are holding today that feels insufficient, offer it to God with a thankful heart. The miracle is not in the amount you bring. It is in the blessing He releases when you bring it.

Reflection Question: What small, seemingly insufficient thing are you holding back from God because it does not feel like enough?

Practical Application: Spend five minutes today in deliberate, specific thanksgiving. Name at least ten blessings — small and large — and present them to God as an act of worship before you present any request.

Day 3: His Blessing Transcends Your Limitations

Reading: 1 Kings 17:8-16

Devotional: The widow of Zarephath had enough oil and meal for one last meal. She was preparing to die. Yet when she acted in faith and gave from her scarcity, the supply never ran out. The determining factor was not her pantry — it was the blessing of God resting on what she had. Many believers spend their lives calculating their limitations rather than trusting in God's blessing. The oil did not multiply because she was wealthy or talented. It multiplied because she obeyed and God blessed. Your deficiencies are not the final word. His blessing transcends every deficiency you can name.

Reflection Question: Where are you allowing a sense of personal limitation to become a ceiling on what you believe God can do through you?

Practical Application: Identify one area where you have stopped stepping forward because of what you lack. Take one concrete step of obedience in that area this week and ask God to release His blessing on it.

Day 4: You Are Called to Participate in the Blessing

Reading: James 1:22-25; Matthew 14:19

Devotional: Jesus blessed the bread, but He handed it to the disciples to distribute. The miracle required their participation. God's blessing is not passive — it flows through people who move, give, serve, and act. James reminds us that the doer of the word, not merely the hearer, is the one who is blessed in what he does. The disciples could have stood still, marveling at the miracle in Jesus' hands. Instead, they walked into the crowd and watched the multiplication happen in their own hands. You are not merely a recipient of blessing. You are a carrier of it. Go and distribute.

Reflection Question: Where is God asking you to participate in a blessing rather than simply observe or wait for one?

Practical Application: Look for one tangible opportunity this week to extend the kindness of God to someone who does not expect it and may not deserve it. Do it without strings attached and without announcement.

Day 5: A Lifestyle of Blessing Changes Everything

Reading: Numbers 6:22-27; Psalm 103:1-5

Devotional: The Aaronic blessing in Numbers 6 was not a one-time event — it was a commanded, repeated declaration spoken over God's people. David, a man who understood both suffering and blessing, declared in Psalm 103 that the soul must bless the Lord and forget none of His benefits. Blessing is not a moment. It is a lifestyle. When you develop a pattern of blessing God, blessing others, and releasing what you have into His hands, you begin to live in a current of divine multiplication. The blessing of God overtakes those who walk in it consistently. Be a blessing. It is who you are called to be.

Reflection Question: What would change in your daily life if you approached every morning with the intentional posture of being a blessing to someone before the day ends?

Practical Application: For the next seven days, begin each morning by praying the blessing of Numbers 6 over your household, your workplace, and one person God places on your heart. Keep a simple record of what you observe God doing through that practice.