

Take a Breath: Discovering Spiritual Pathways

May 10: The Pietist

1 LIFE engagement question

ONE aim: To see God at work in the relationships He has placed around us and join Him in His work. Praying for others in this and sharing stories builds our faith and gives us courage. Be patient and extend grace to one another as each one of you devotes yourselves to following Jesus' lead in your relationships. Everyone does not need to share each time you meet. Let God lead and do the work.

What have you found surprising as you have been blessing and investing in your ONE?

Read John3:5; Colossians 3:5,8,16

1. Jesus describes spiritual rebirth in John 3:5 as something the Spirit does within us. Have you ever experienced a season where your inner life genuinely changed? What sparked it?
2. Colossians 3 tells believers to “put to death” destructive patterns. What is one habit, mindset, or reaction that you think quietly pulls you away from growth, joy, or closeness with God?
3. Pietist spirituality focuses on a personal relationship with God rather than outward performance. What’s the difference between “looking spiritual” and being spiritually formed?
4. Colossians 3:16 encourages believers to let Christ’s words dwell richly among them. What fills most of your mental and emotional space during a normal week, and how does that shape you?
5. Mother’s Day can bring gratitude, grief, joy, tension, or some combination of all four. How can the church become a place where people feel safe bringing their real experiences and emotions before God rather than pretending everything is fine?