

PrayerCast: August 15

Psalm 9

As you enter into prayer now, take a moment to settle your mind. Put aside your concerns and what needs to get done today, or what didn't get done today. Take a slow, deep breath. Center yourself in His Peace. He is the Alpha and Omega. The Beginning and End. You are found in Him.

Be Still.

Use the next few moments to relax. If issues of the day come to mind, allow them to pass on by for the moment. Think of them as clouds floating by. Let them pass. As we read the passage, we will pause to meditate on the words and reflect on the application to our own lives. We will use the words as cues for our own prayer.

Psalm 9

¹ I will give thanks to you, LORD, with all my heart;
I will tell of all your wonderful deeds.

² I will be glad and rejoice in you;
I will sing the praises of your name, O Most High.

I begin by first rejoicing that I am yours, and you are mine, Lord. I think on today or yesterday and let the day's events roll over me. I thank you for places where I saw you at work. I felt overwhelmed yesterday with tasks that I didn't want to do. Just as I cried out for help, You provided a helper. I thank you for

your grace to me now. Where was God providing you grace today or yesterday? PAUSE.

- ³ My enemies turn back;
they stumble and perish before you.
- ⁴ For you have upheld my right and my cause,
sitting enthroned as the righteous judge.
- ⁵ You have rebuked the nations and destroyed the wicked;
you have blotted out their name for ever and ever.
- ⁶ Endless ruin has overtaken my enemies,
you have uprooted their cities;
even the memory of them has perished.
- ⁷ The LORD reigns forever;
he has established his throne for judgment.
- ⁸ He rules the world in righteousness
and judges the peoples with equity.

There are some current events that leave me feeling distraught and desperate Lord. So many suffering, and areas of our world going from bad to worse. Concerns for the future, concerns for the next generation all conspire to make me anxious. I take this moment to lay before you these areas that bring me such anxiety. PAUSE.

I am reminded again by this psalm that You reign forever. You reign forever Lord God. We soak in this truth. PAUSE.

- ⁹ The LORD is a refuge for the oppressed,

a stronghold in times of trouble.

¹⁰ Those who know your name trust in you,
for you, LORD, have never forsaken those who seek you.

What great comfort You are Lord. A refuge. A stronghold. You never ever forsake us. You never ever forsake us. Embed this in my heart and mind today Lord. I face various challenges today but you will not forsake me in the midst of them. PAUSE.

¹¹ Sing the praises of the LORD, enthroned in Zion;
proclaim among the nations what he has done.

¹² For he who avenges blood remembers;
he does not ignore the cries of the afflicted.

¹³ LORD, see how my enemies persecute me!
Have mercy and lift me up from the gates of death,

¹⁴ that I may declare your praises
in the gates of Daughter Zion,
and there rejoice in your salvation.

¹⁵ The nations have fallen into the pit they have dug;
their feet are caught in the net they have hidden.

¹⁶ The LORD is known by his acts of justice;
the wicked are ensnared by the work of their hands. [C]

¹⁷ The wicked go down to the realm of the dead,
all the nations that forget God.

¹⁸ But God will never forget the needy;
the hope of the afflicted will never perish.

¹⁹ Arise, LORD, do not let mortals triumph;
let the nations be judged in your presence.

²⁰ Strike them with terror, LORD;
let the nations know they are only mortal.

My God will never forget the needy. Wherever I am feeling needy today Lord. I name these areas before you. I am reminded-You are working. PAUSE.

Wherever those I love are in need today, I name those areas before you Lord. PAUSE. I am reminded- you are working. PAUSE.

I name before you those that are needy around the world Lord. If they feel unloved and are searching, work in their hearts and minds. PAUSE.

If they are physically needy, they need shelter, food, water, provide for them Lord. PAUSE.

If they need medical care, comfort, rest. Provide for them Lord. PAUSE.

In these final moments, choose a word or phrase from today's meditation that has given you comfort. Here are a few:

The Lord reigns forever

The Lord is a refuge

You have never forsaken those who seek you

God will never forget the needy

Repeat it in your mind, speak it. Take it with you for the day.

Let that truth inform each area of your life today, each thought and decision. IN Jesus name, amen.