

PrayerCast: August 8

Psalm 8: Be Encouraged

As you enter into prayer now, take a moment to settle your mind. Put aside your concerns and what needs to get done today, or what didn't get done today. Take a slow, deep breath. Center yourself in His Peace. He is the Alpha and Omega. The Beginning and End. You are found in Him.

Be Still.

Use the next few moments to relax. If issues of the day come to mind, allow them to pass on by for the moment. Think of them as clouds floating by. Let them pass. As we read the passage, meditate on the words.

Psalm 8^[a]

- ¹ LORD, our Lord,
how majestic is your name in all the earth!
You have set your glory
in the heavens.
- ² Through the praise of children and infants
you have established a stronghold against your enemies,
to silence the foe and the avenger.
- ³ When I consider your heavens,
the work of your fingers,
the moon and the stars,
which you have set in place,
- ⁴ what is mankind that you are mindful of them,
human beings that you care for them?^[a]
- ⁵ You have made them^[a] a little lower than the angels^[a]
and crowned them^[a] with glory and honor.
- ⁶ You made them rulers over the works of your hands;
you put everything under their^[a] feet:
- ⁷ all flocks and herds,
and the animals of the wild,
- ⁸ the birds in the sky,
and the fish in the sea,
all that swim the paths of the seas.
- ⁹ LORD, our Lord,
how majestic is your name in all the earth!

Lord, today we take this time to reflect and rejoice that you are majestic, that you are full of glory. Even in our praises of you, we can do battle in the heavenlies, we can bring goodness and mercy just through our praise of you.

Take a moment now to tell God about a way that you are grateful for Him. How has He shown up for you recently? Thank Him for that and think about his specific goodness in that instance. PAUSE.

Reflect on his creation. Maybe you are on a walk now, or can look out a window. What beauty in his creation have you seen today or recently that you are grateful for? PAUSE.

You are beautifully and wonderfully made. Where have you seen the beauty in humanity recently, either in something that you were able to do or feel, or the beauty you see in those around you? PAUSE

The goodness of God is all over his creation. We see his joy in puppies and dolphins, his steady goodness and hard work in the way a horse or an ox can plow or carry. Where do you experience Him in his creation of animals? PAUSE.

As you go about the rest of your day, be encouraged that this God, who created all of this, walks beside you. Goes before you. Fights for you. Loves you, and rejoices in you.

We return to the text:

Psalm 8.

¹ LORD, our Lord,
how majestic is your name in all the earth!
You have set your glory
in the heavens.

² Through the praise of children and infants
you have established a stronghold against your enemies,
to silence the foe and the avenger.

³ When I consider your heavens,
the work of your fingers,
the moon and the stars,
which you have set in place,

⁴ what is mankind that you are mindful of them,
human beings that you care for them?^[a]

⁵ You have made them^[a] a little lower than the angels^[a]
and crowned them^[a] with glory and honor.

⁶ You made them rulers over the works of your hands;
you put everything under their^[a] feet:

⁷ all flocks and herds,
and the animals of the wild,
⁸ the birds in the sky,
and the fish in the sea,
all that swim the paths of the seas.
⁹ LORD, our Lord,
how majestic is your name in all the earth! Amen.