

November 30, 2025

2nd-3rd Grades



Theme This Week- "God help His people do something amazing."

Prayer Time- Father, life gets to feeling impossible so very often. Please, help these kids begin to see the need for you in their lives on a daily basis. Help them to practices crying out to You. Put them in places and situations that helps them to practice relying on You in their lives. Put people in their lives that coach them to this end and use this message to build their foundation of faith.

Challenge- Stackable Walls of Cups vs Ping Pong Balls

Special Story- Race to build the house first.

Memory Verse – "Those who trust in the LORD will receive new strength.

They will fly as high as eagles. They will run and not get tired. They will walk and not grow weak." Isaiah 40:31

Songs- Better than the Best Thing, So Good to Me, This Little Light

Devotion- Nehemiah gets to building. Nehemiah 1-4, 6:1-15



Small Group Time

1. Built to Last

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Prepared cups of mini marshmallows (or clay) and toothpicks
Bible marked at Nehemiah 2:17-18 and 4:14
Timer
Optional: handheld fan or paper fan

What You Do:

- Gather the kids around a table or another flat surface.
- Give every kid a prepared cup of mini marshmallows (or clay) and toothpicks.

Explore Together:

- Say, "Nehemiah trusted God with a BIG job—rebuilding Jerusalem's walls! But Nehemiah didn't do it alone, and he didn't let distractions stop him."
- Demonstrate and explain how the kids will have 3 minutes to build a mini wall using only what's in their cup.
- Set the timer and encourage them to begin.
- Once the timer is up, say, "Let's see how strong your walls are!"
- Test each kid's wall by gently blowing on it or fanning it. (Optional: Use the handheld fan or paper fan.)
- Then, invite the kids to form groups of 2-3 and bring their walls.
- Give the groups three more minutes to rebuild a stronger wall together.

Talk Together:

- Call on several kids to help you read from the marked Bible, Nehemiah 2:17-18 and 4:14.
- Ask: "Who did Nehemiah know was helping him?"
 - o God! He told the leaders and people of Jerusalem all about God's help!
- Ask, "What do we discover about who God is in Nehemiah's story?"
 - o God helps us when we ask.
 - o God is great and powerful.
 - We can do big things with Him.

What You Say:

"Amazing building skills! Nehemiah wasn't a builder, and he lived nearly hundreds and hundreds of miles from his homeland. But God gave him a picture in his heart of what to do, and he trusted God to give him everything he needed to take action on it! He spent time pouring his heart out to God, made a plan, and God provided him with all the understanding and resources he needed to do this epic job.

"The whole task of rebuilding the wall was something Nehemiah did with God. Before Nehemiah went to the king to ask for building supplies, he prayed and asked his friend, God, to help. Whenever Nehemiah needed help throughout rebuilding the walls—and it was often, because it was a big job—he prayed. He asked God for what he needed, and God gave it to him.

"Nehemiah knew it was God who was helping him. In Nehemiah 2:8 (NIrV) he said: God was kind to me and helped me.

"The two of them did the big task of rebuilding the walls together.

"You might not be building a wall around a city, but you do face big things too. God might want you to help a younger kid, or start something new like a club that helps others feel seen and loved. Or God might want you to use your creativity (like your ideas, or your art) to tell His story in a way only you can!

"When we face big things like this, the same God who went with Nehemiah through every step goes with us. We can trust God to give us the confidence and everything we need—we just have to talk to Him and ask Him for it! So face every big thing in your life together with God. Tell Him how you feel and ask Him to give you courage, understanding, patience, endurance, physical supplies—everything you need at every step—for what needs to be done.

"God wants you to build everything in your life with Him. God can help you do big things!"

Take Time to Pray with your Kiddos!

2. Up in the Air Verse

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Bible marked at Isaiah	40:31
Beach ball	

What You Do:

- Open the Bible and read Isaiah 40:31.
 - o NOTE: You can call on an older kid in your group to read the verse too.
- Review any words that might be unfamiliar to the kids.
- Teach and review the motions with the group:
- These are the motions for the NIrV:
 - o Those who trust (Hold palms open and up to the sky.)
 - o in the LORD (Point both hands up toward heaven.)
 - will receive (Pull your hands in toward your chest like you're reeling something in.)
 - o new strength. (Show your muscles—flex both arms with a strong face.)
 - They will fly as high as eagles. (Flap your arms slowly and gracefully like wings.)
 - o They will run (Run in place.)
 - o and not get tired. (Cross your arms in front of you in an "X.")
 - o They will walk (Take slow, steady walking steps in place.)
 - o and not grow weak. (Cross your arms again in an "X.")
 - o Isaiah 40:31 (Open palms together like a Bible.)

Move Together:

- Instruct the kids to stand in a circle.
- Explain that they will gently throw the beach ball to another kid in the circle while reciting the next word of Isaiah 40:31.
- Assist the kids with the words as you play.
- Repeat if time allows. Challenge the kids to not let the beach ball touch the ground for the entire verse.

What You Say:

"Wow! Way to remember Isaiah 40:31 this month, friends!

"Keeping the beach ball up was big job, and you helped each other to keep going. God helps us to keep going too! When we trust God, He gives us the strength we need, just like Isaiah 40:31 says. We're not meant to do hard things on our own. When something feels too big or too difficult, we can talk to God, just like Nehemiah did.

"God is strong. God is kind. Good is GOOD! God never gets tired or gives up. And because of who He is, we can live with confidence and keep going, even when things feel tough. Remember, **God can help you do big things!**"

3. Discussion Questions

- 1. Where did Nehemiah live? He lived in a foreign country far from his home in Israel.
- 2. What was his job? He was the cupbearer- he made sure it was not poisoned.
- 3. What news did Nehemiah get that made him sad? His hometown was in ruin.
- 4. What was the first thing Nehemiah did once he heard this news? He PRAYED.
- 5. Who chose to help Nehemiah? The King. The King provided all the supplies they needed, and soldiers to protect all for free. That's incredible
- 6. Why do you think the King decided to help Nehemiah?
- 7. What did Nehemiah find once he got home? It was real bad.
- 8. What happened when Nehemiah asked people to help him rebuild the walls of the city? They all just started to help. Every family showed up that morning and started to work.
- 9. Who tried to stop them from rebuilding the city walls? Their enemies from other countries.
- 10. Were the people afraid they would be attacked? They were and they were afraid because their wives and their kids were helping them rebuild the wall.
- 11. What did Nehemiah do and then tell them to do? He prayed and told them to pray for courage and trust.
- 12. How long did it take them to finish building the wall? 52 days- which was extremely fast.
- 13. Did they ever get attacked by their enemies? Nope- I think their enemy was afraid of them.
- 14. Do you think God is afraid of anything?
- 15. Is there anything God can't help us with?