



TECHNOLOGY | Dec 10, 2021

KNOWLEDGE NUGGETS

No is an Option - I just want to make sure all our parents know that screens and devices are not required for life. Yeah, they are everywhere, but not essential for life. You can have a great childhood, and I would argue a better childhood, if screens were severely limited in the lives of our kids. Movement and meaningful social interaction is required for kids to grow up to become the person God created them to be, and screens are our biggest hurdles to these.

Screens are Not Evil - You cannot make the case that screens and devices are in themselves evil. In fact, a ton of good come from the development and usage of these inventions. This is without a doubt. But do not be fooled into thinking that these screens and devices do not come with hidden dangers— life changing dangers. Pornography is just one of these dangers that will severely effect the development of their worldview and thinking of human sexuality. And kids do not need to be looking for this on their devices, it is looking for them. And once this door is opened, it is a flood of depravity that is downloaded into their thinking. Take precautions now and stay in touch with your kids usage on their devices.

Kids Respond Well to Boundaries - Set up boundaries for your kids in all areas and especially in their screen usage. And the boundaries can be as varied as you deem necessary for your kids. No screens in your room at night. No screens at the dinner table. No screens in the mornings before school. No screens at Church (Please!). No screens while in the car. No screens when friends are over. The list can go on and on. Once a boundary is set and learned, kids generally do well to fall in line with these.

Questions For Your Kids

- What are some of the things you love doing on your device?
- What is your favorite thing you get to do when your friends are around?
- Are there things you have seen on your device that you wonder about and have questions about, that you want to talk about?

PRAY OVER THEM

From Colossians 1: 9-10 Father, since the day I knew (insert child's name), I have not stop praying for him/her and praising You for him/her. I ask God that he/she will know fully all that you have created him/her for. Give him/her great wisdom and understanding especially in the things that matter most – him/her soul. Help him/her to live a life that honors and pleases You in every way. Help him/her to affect the lives around him/her, use his/her life to help others come to know You, and help him/her to grow in her understanding of Your great love for her. In Jesus' name, Amen.