Looking for a Group to connect and dive deeper in your relationship with God and others? Contact Community Pastor, Beth Yokley, at byokley@myhope.church.

Community Group Questions:

Make It Count: Week One Lev 23:3, Mk 2:27-28, 1:21, 6:2

- 1. Share any takeaways you had from the weekend service or Ash Wednesday service with the group.
- 2. Share any times you've attempted a discipline of rest or sabbath. If you haven't ever done that, what might it look like? Brainstorm as a group.
- 3. Discuss your experience with the bullet journals so far. If you haven't been able to do it at all yet, allow the group to take a few moments of silence to reflect on the previous day or week. After they have had the chance to do so (give yourselves 5-10 minutes for all the questions) have each person share their most interesting realization about where they saw God.