

Preschool Kids Church



July 26, 2026

Theme This Week- Keep Praying, God hears you!

Welcome Everyone- Free Play

Clean Up Time- Clean Up Song

Songs- God is with Me

Large Group Time

Small Group Activity #1- Keep Uppy

Small Group Activity #2- Praying Hands

Small Group Activity #3- Keep Going Experiment

Take Time to Pray with your Kiddos!

Special Announcements- Backpack Blessing is August 23!

Memory Verse for the Month-

**“Put God’s kingdom first.”
Matthew 6:33**

Keepy Uppy

What You Need:

- ☐ Mylar balloon
- ☐ Drinking straw

What You Do:

Before the Activity: Inflate the balloon by inserting the straw into the balloon and inflating with air. Remove the straw and balloon will self-seal. Gather children in an open area, standing in a circle.

During the Activity: Toss the balloon into the air. Explain that the group's job is to work together to keep the balloon from touching the floor. Encourage them to tap it gently back into the air. Emphasize teamwork and not giving up.

After the Activity: Introduce the Bible Story.

What You Say:

Before the Activity: "Hello, friends! Let's play a game together. It's called Keepy Uppy and we need to work as a team!"

During the Activity: "The number one rule is: don't let the balloon touch the floor! We need to keep tapping it up, up, up! Ready? (*Toss the balloon in the air.*) Get it! Tap it! Oh, it's coming down! Don't give up! Keepy uppy! Wow, you are doing a great job working together. Keep going, don't give up! (Pause.) Wow! You kept the balloon up in the air for a long time!"

After the Activity: "That was fun, and we had to work together and not give up, you kept the balloon in the air for a long time! Our Bible Story today is about a woman who did not give up. She kept asking and asking for help. Let's go find out what happened!"

Praying Hands

What You Need:

- ☐ “Praying Hands” Activity Page
- ☐ Cardstock
- ☐ Washable ink pads
- ☐ Heart stickers or stamps
- ☐ Scissors
- ☐ Permanent marker
- ☐ Baby wipes

What You Do:

Before the Activity: Print “Praying Hands” on cardstock, one per child. Fold each child’s paper in half with the writing on the inside.

During the Activity: Help children cover their left hand with ink and position it in the middle of the page and line it along the folded edge, so the pinky side of their hand is touching the fold. Clean hand. Repeat with the right hand by unfolding the child’s paper and positioning their right hand along the folded edge so the pinky side of their hand is touching the fold and aligned with their left handprint. Clean hand. Refold each child’s paper and loosely cut around their handprints. When opened, the hands will look like praying hands. Encourage children to decorate the inside of their hands with stickers/stamps. *Option: If you have a large group, you could do their handprints and cut before the activity.*

What You Say:

Before the Activity: “Jesus told us this story to teach us that God is good. God always cares for His people. To keep praying and not give up. Today, we are going to use your handprints to make praying hands.”

During the Activity: “Pick a color and then press your left hand (*point to child’s left hand*) on the ink pad. We need to make sure your whole hand is covered. (*Help as needed.*) Now, let me help you place your hand on the paper. (*Position the hand so the left pinky is touching the folded edge.*) Press down, then lift straight up. Look at your amazing handprint! Let’s wipe your hand clean. (*Pause. Unfold child’s paper.*) Now let’s make a handprint with your other hand. Press your hand in the ink, cover it well, and then I’ll help you press it next to the first handprint you made. Press and lift up. (*Pause.*) Let’s clean your hand. (*Pause.*) Now watch what happens after I cut out your handprints. (*Refold and loosely cut around up to the fold.*) Your handprints look like praying hands! Now it’s your turn to decorate the inside part of your praying hands. Add a heart sticker to remind us that God loves us and cares for us.”

Keep Going Experiment

What You Need:

- ☐ Baking sheets
- ☐ Sponges
- ☐ Clear plastic punch cups
- ☐ Pipettes
- ☐ Blue food coloring
- ☐ Water
- ☐ Paper towels

NOTE: When working with water and small children, always be sure there is an adult constantly supervising the activity. Empty the water immediately after the activity.

What You Do:

Before the Activity: Place baking sheets on the table and place one or two plastic cups on each baking sheet. Lay a sponge on top of each cup. Fill a few additional cups 2/3 full of water and add blue food coloring to each.

During the Activity: Encourage children to use the pipettes to collect the colored water and then drip it on the sponge. Have several children work together to add water to the same sponge. Encourage them to check the cup to see if any water is moving through the sponge. Encourage children to keep going. Once the sponge absorbs enough water, it will start raining into the cup. Repeat as time and interest allow.

After the Activity: Introduce the Bible Story.

What You Say:

Before the Activity: “Come join me around the table. I have an amazing experiment for us to do today!”

During the Activity: “Do you see anything in the cups with the sponges on top of them? *(Pause.)* No, the cups are empty. Do you think we can make it rain in the cups? *(Pause.)* Let’s give it a try! Squeeze the blue water into your pipette, then squeeze it out on top of the sponge. *(Demonstrate.)* Work together, and let’s see what happens. *(Pause.)* Is it raining yet? *(Pause.)* No, let’s keep going and add more water to the sponge, and see what happens. *(Pause.)* Keep going. Wow! Look! It’s raining! You made it rain! Wow! Great job, friends!”

After the Activity: “Today we’ll hear a story Jesus told about a woman who kept asking for help, she didn’t give up. Just like you didn’t give up in our experiment. Let’s go hear why Jesus told this story.”