

1 Life Sermon Series  
Week of August 24

**Warm Up**

- Have you ever been in a situation where you had to fight for something important, but not in a physical way?
- What's a challenge in your life right now that feels bigger than your own strength?
- How do you usually handle negative thoughts or criticism that try to pull you down?

**Dig-In**

*In verses 3–4, Paul says, “For though we live in the world, we do not wage war as the world does. The weapons we fight with are not the weapons of the world.”*

- What do you think Paul means by “weapons of the world”?
- What are some examples of spiritual weapons that God has given us?

*Verse 5 talks about “taking every thought captive to make it obedient to Christ.”*

- What does it mean to take a thought captive?
- How could this help us when we feel tempted, discouraged, or overwhelmed?

*Paul also addresses people who judged him by outward appearances (v. 7–10).*

- Why do you think it's so easy to focus on outward strength or success instead of inward faithfulness?
- What do these verses teach us about where true authority and power come from?

*In verses 12–13, Paul warns against comparing ourselves with others.*

- How can comparison damage our faith or our sense of calling?
- What does it look like to stay focused on the assignment God has given you personally?

*Paul closes the chapter by reminding us that we should boast in the Lord (v. 17–18).*

- Why do you think Paul shifts the focus from self-promotion to boasting in the Lord?
- How can we give God glory instead of trying to take it for ourselves?

**Wrap Up**

- What's one "weapon of the Spirit" you want to rely on more this week?
- How can you begin to take thoughts captive and bring them under Christ's authority in your daily life?

**Ask**

Lord, remind me that the real battles are not fought with human strength but with Your Spirit. Help me take every thought captive and use the weapons You have given me to stand strong in You.