

Sermon Scripture Discussion Questions “Refresh”

May 31, 2026

1 LIFE engagement question

ONE aim: To see God at work in the relationships He has placed around us and join Him in His work. Praying for others in this and sharing stories builds our faith and gives us courage. Be patient and extend grace to one another as each one of you devotes yourselves to following Jesus' lead in your relationships. Everyone does not need to share each time you meet. Let God lead and do the work.

What do you sense God is asking you to do next with your ONE?

Read Ephesians 2:1-10

1. Paul describes humanity as being "dead in transgressions and sins" before Christ. What do you think spiritual deadness looks like in everyday life? How does our culture tend to misunderstand or minimize the seriousness of sin?
2. Verses 4–5 begin with "But because of His great love for us..." Why is it important that our salvation begins with God's mercy rather than our effort? How does this truth challenge the way we often think about worthiness, achievement, or self-improvement?
3. According to verses 1–3, Paul says everyone was once influenced by the world around them. What are some messages or values in today's culture that can subtly pull believers away from God's truth, even when they seem normal or acceptable?
4. Verse 10 says that we are God's workmanship, created in Christ Jesus for good works. How do you balance the truth that good works do not save us with the truth that God expects good works from us? What are some specific good works God may be calling you to in this season of life?
5. Looking at the entire passage, Paul moves from death, to rescue, to purpose. Which part of that journey resonates most strongly with your own story right now: recognizing your need, experiencing God's grace, or living out the purpose He has prepared for you? Why?
6. Paul says God "raised us up with Christ and seated us with Him in the heavenly realms." What do you think Paul is trying to communicate with this imagery? How should an eternal perspective affect the way believers handle present struggles, priorities, and circumstances?