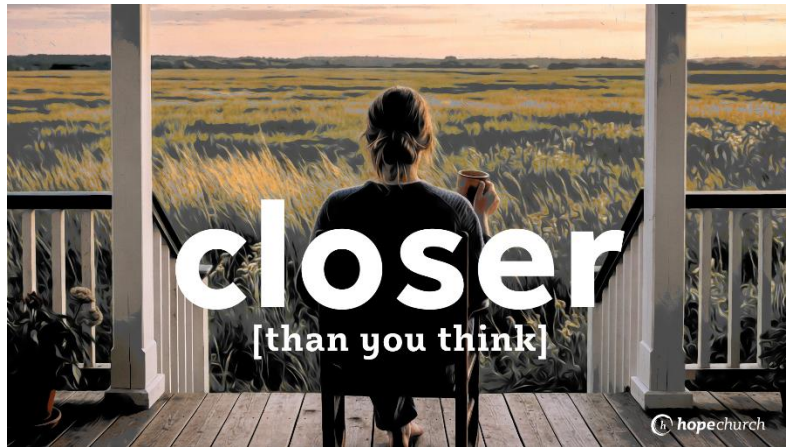




September 13 — He Sees and Knows

Psalm 139:1–4

- What feels comforting about being fully known by God? What feels uncomfortable?
- Where do you find yourself editing or hiding parts of who you are from other people? Do you ever do that with God?
- David says God knows his thoughts and words before he even expresses them. What does that tell us about how closely God pays attention to us?
- Are there things in your life or your past that you can't stand the idea of anyone knowing, especially God?