

Looking for a Group to connect and dive deeper in your relationship with God and others? Contact Community Pastor, Beth Yokley, at [byokley@myhope.church](mailto:byokley@myhope.church).



### **Community Group Questions:**

#### **Opening Question:**

Have you ever been rock climbing? If so, share about your experience...

**Scripture:** John 8:31-32

#### **Discussion Questions:**

- 1) On a scale from 1-10 rate:
  - \_\_\_ your knowledge of Jesus
  - \_\_\_ your belief in Jesus
  - \_\_\_ your emotional attachment to Jesus
  - \_\_\_ your actions that obey Jesus' commands.
- 2) In what ways do you find it challenging to 'hold' to Jesus Teachings? Is there a difference between holding onto Jesus and holding onto his teachings?
- 3) According to v.31, "If you hold on to my teachings, you are my disciples." Is there a middle ground? Can you be a Christian without being a disciple (follower)?
- 4) Jesus says, "Hold on to my teachings." What prevents us from doing that?
- 5) We are in the information age. We know now more than ever how to live healthy lives. Yet obesity is an epidemic in the U.S. Why is knowledge not enough?
- 6) What does the phrase "information ≠ transformation" mean? How do we get from "I know" to "I do"?
- 7) Share one thing you think you need to let go of that's holding your back and one thing that you need to grab ahold of to help you grow?
- 8) What is one thing you can do this week that will help you be better at 'holding' to Christ teachings?