

Looking for a Group to connect and dive deeper in your relationship with God and others? Check out Group Life on our app or contact Connections Pastor, Dustin Bramer, at dbramer@myhope.church.



Community Group Questions:

Psalm 107

- If Biblical “redemption” involves “rescue,” are there some people you think deserve rescue and some who don’t? Explain your thinking.
- How does it affect your faith hearing how God rescues all four of these people who are in distress for very different reasons? How does it impact your relationship with others?
- Sometimes we talk about “redemption” in fuzzy terms, like it is more of an idea or a feeling. But these stories describe a practical redemption—real help for real trouble. Would you share a story about how God rescued you in a practical way?
- Are you the kind of person who shares stories like that easily, or is it more difficult for you? Why do you think that is? How do you imagine other people perceive you when they hear stories like that?
- Have you ever “borrowed” someone else’s faith when yours was not enough for a problem you faced?
- Tell us about that person’s story and how it helped you.
- What is your typical response to pain (emotional, psychological or spiritual)? Do you ignore it, hold it close, numb it or face it head on? A different response? How does that impact your sense of wellness?
- The counseling and publishing industries have seen incredible growth in the last 50 years. As a positive result, many people are learning how to understand and express their painful experiences in a way that brings real healing. Some others get stuck, over-identifying with their pain in a way that prevents them from enjoying peace. What has provided the most reliable help for you to experience healing from pain?