

PrayerCast: August 22

Psalm 11

As you enter into prayer now, take a moment to settle your mind. Put aside your concerns and what needs to get done today, or what didn't get done today. Take a slow, deep breath. Center yourself in His Peace. He is the Alpha and Omega. The Beginning and End. You are found in Him.

Be Still.

Use the next few moments to relax. If issues of the day come to mind, allow them to pass on by for the moment. Think of them as clouds floating by. Let them pass. As we read the passage, we will pause to meditate on the words and reflect on the application to our own lives. We will use the words as cues for our own prayer.

Psalm 11

¹ In the LORD I take refuge.

How then can you say to me:

"Flee like a bird to your mountain.

² For look, the wicked bend their bows;

they set their arrows against the strings
to shoot from the shadows
at the upright in heart.

³ When the foundations are being destroyed,
what can the righteous do?"

⁴ The LORD is in his holy temple;
the LORD is on his heavenly throne.

He observes everyone on earth;
his eyes examine them.

⁵ The LORD examines the righteous,
but the wicked, those who love violence,
he hates with a passion.

⁶ On the wicked he will rain
fiery coals and burning sulfur;
a scorching wind will be their lot.

⁷ For the LORD is righteous,
he loves justice;
the upright will see his face.

When the foundations are being destroyed,
What can the righteous do?

Today I am thinking of friends and loved ones who are facing
situations where the foundations look like they are being
destroyed.

One friend wants to keep her marriage alive despite her
husband filing for divorce.

One friend is learning more and more difficult things about the
leadership of her workplace.

Another has parents who are being overwhelmed by the needs
of their adult children who struggle with mental illness.

The Psalm reminds us to turn back to the Lord.
Find refuge in His wings.

For He IS in his holy temple
He examines people
And he knows the righteous and the unrighteous alike.
He is righteous,
He loves justice,
And the upright will see his face.

So we are reminded that we must DIG IN. We must DIG DEEP.

When the doubts and uncertainty and fear show up at our
doorstep, we take them to the Father.
We dig into His word.
We go to His house.
We spend time with His people.

Father God, I think now about areas of my life that bring me
doubt and uncertainty. PAUSE.

All of these doubts and uncertainties, I name them before you
now. I hand them to you. I ask you to take them and use them
for your good and perfect will. PAUSE.

Fear. Lord Jesus, all these things, they bring me fear. PAUSE. I
bring them before you now. I hand them to you, knowing that
you can take anything, all things, and turn them for good. I
name them before you and I give them to you. PAUSE.

As we read this Scripture again, let its truth wash over you. And
if these doubts or fears creep back in today, return to Psalm 11
to be reminded that you serve a God who knows all and will
bring justice to all, who longs to be your refuge.

Psalm 11

- ¹ In the LORD I take refuge.
How then can you say to me:
"Flee like a bird to your mountain.
- ² For look, the wicked bend their bows;
they set their arrows against the strings
to shoot from the shadows
at the upright in heart.
- ³ When the foundations are being destroyed,
what can the righteous do?"
- ⁴ The LORD is in his holy temple;
the LORD is on his heavenly throne.
He observes everyone on earth;
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- ⁵ The LORD examines the righteous,
but the wicked, those who love violence,
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- ⁶ On the wicked he will rain
fiery coals and burning sulfur;
a scorching wind will be their lot.
- ⁷ For the LORD is righteous,
he loves justice;
the upright will see his face.

Lord, I thank you that no matter what foundations appear to be shaken, You are never shaken. I go into this day holding firm to that truth. In Jesus mighty name, amen.