

Kids Church

November 30, 2025

K- 1st Grades



Theme This Week- “God help His people do something amazing.”

Prayer Time- Father, life gets to feeling impossible so very often. Please, help these kids begin to see the need for you in their lives on a daily basis. Help them to practices crying out to You. Put them in places and situations that helps them to practice relying on You in their lives. Put people in their lives that coach them to this end and use this message to build their foundation of faith.

Challenge- Stackable Walls of Cups vs Ping Pong Balls

Special Story- Race to build the house first.

Memory Verse – “Those who trust in the LORD will receive new strength. They will fly as high as eagles. They will run and not get tired. They will walk and not grow weak.” **Isaiah 40:31**

Songs- Better than the Best Thing, So Good to Me, This Little Light

Devotion- Nehemiah gets to building.
Nehemiah 1-4, 6:1-15

hopekids

Small Group Time

1. Big Things!

2.

What You Need:

- ☐ “Big Things!” Activity Pages

What You Do:

- Before you begin, place each picture in a different corner or section of your group space.
- Divide the kids into four teams and send each team to a different image.
- Ask them to look at the picture and answer:
 - “What big thing might God ask you to do in this picture?”
 - “What might make that hard to do?”
 - “What might you need to ask God to give you in that moment?”
- Demonstrate by pointing to one of the images.
- After 2–3 minutes, encourage all of the teams to come back and sit down in a circle together with their pictures.
- Let each team show their picture and share what they discussed.
- ***[Make It Personal] (Share about an age-appropriate time when God asked you to do something that felt tough. Share what it was like to obey God in that moment. What did you ask God to give you to help you?)***

What You Say:

“You all pointed out some great things in our scenarios! Sometimes God asks us to do big things—things that feel way too hard for us. But the truth is, God never expects us to do those big things alone. Just like Nehemiah, we can talk to God and ask for help, because **God can help us do big things!**”

“Remember God promises to help you! After all, confidence is not about gritting your teeth and doing everything alone. When you choose to follow Jesus, God sends the Holy Spirit to live in you! That means you never have to face anything alone. You and God’s very Spirit face whatever your life brings together every day. And He will help You! Just like Nehemiah asked God for what he needed every step of the way, you can too!”

“You can pray, ‘God, I need courage. Please give it to me.’ And He will! You can pray, ‘God, I need the right words to say. Please give them to me.’ And He will!

“Whatever you need along the way, ask Him for it! Nothing is too big for Him. **God can help you do big things!**”

Take Time to Pray with your Kiddos!

2. Up in the Air Verse

What You Need:

- ☐ Bible marked at Isaiah 40:31
- ☐ Beach ball

What You Do:

- Open the Bible and read Isaiah 40:31.
 - *NOTE: You can call on an older kid in your group to read the verse too.*
- Review any words that might be unfamiliar to the kids.
- Teach and review the motions with the group:
- These are the motions for the NlrV:
 - *Those who trust (Hold palms open and up to the sky.)*
 - *in the LORD (Point both hands up toward heaven.)*
 - *will receive (Pull your hands in toward your chest like you're reeling something in.)*
 - *new strength. (Show your muscles—flex both arms with a strong face.)*
 - *They will fly as high as eagles. (Flap your arms slowly and gracefully like wings.)*
 - *They will run (Run in place.)*
 - *and not get tired. (Cross your arms in front of you in an “X.”)*
 - *They will walk (Take slow, steady walking steps in place.)*
 - *and not grow weak. (Cross your arms again in an “X.”)*
 - *Isaiah 40:31 (Open palms together like a Bible.)*

Move Together:

- Instruct the kids to stand in a circle.
- Explain that they will gently throw the beach ball to another kid in the circle while reciting the next word of Isaiah 40:31.

- Assist the kids with the words as you play.
- Repeat if time allows. Challenge the kids to not let the beach ball touch the ground for the entire verse.

What You Say:

“Wow! Way to remember Isaiah 40:31 this month, friends!

“Keeping the beach ball up was big job, and you helped each other to keep going. God helps us to keep going too! When we trust God, He gives us the strength we need, just like Isaiah 40:31 says. We’re not meant to do hard things on our own. When something feels too big or too difficult, we can talk to God, just like Nehemiah did.

“God is strong. God is kind. Good is GOOD! God never gets tired or gives up. And because of who He is, we can live with confidence and keep going, even when things feel tough. Remember, **God can help you do big things!**”

3. Discussion Questions

1. Where did Nehemiah live? He lived in a foreign country far from his home in Israel.
2. What was his job? He was the cupbearer- he made sure it was not poisoned.
3. What news did Nehemiah get that made him sad? His hometown was in ruin.
4. What was the first thing Nehemiah did once he heard this news? He PRAYED.
5. Who chose to help Nehemiah? The King. The King provided all the supplies they needed, and soldiers to protect all for free. That's incredible
6. Why do you think the King decided to help Nehemiah?
7. What did Nehemiah find once he got home? It was real bad.
8. What happened when Nehemiah asked people to help him rebuild the walls of the city? They all just started to help. Every family showed up that morning and started to work.
9. Who tried to stop them from rebuilding the city walls? Their enemies from other countries.
10. Were the people afraid they would be attacked? They were and they were afraid because their wives and their kids were helping them rebuild the wall.
11. What did Nehemiah do and then tell them to do? He prayed and told them to pray for courage and trust.
12. How long did it take them to finish building the wall? 52 days- which was extremely fast.
13. Did they ever get attacked by their enemies? Nope- I think their enemy was afraid of them.
14. Do you think God is afraid of anything?
15. Is there anything God can't help us with?