

# Joy

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*Galatians 5:22-23*

Biblical definition of Joy: A LASTING state of CONTENTMENT based on the permanent PRESENCE of God, particularly the Holy Spirit, within us.

*Gal. 5:22-23*

Three Keys to Joy:

1. A CLEAN CONSCIENCE.

*Heb. 1:9, 1 John 1:8-9*

2. My FATHER'S BLESSING.

*Psalms 21:6-7*

3. A FULL SPIRIT.

*Luke 10:21, Acts 13:52, Eph. 5:18-20*

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## Base Camp Discussion Questions

As a group, prayerfully read any of the passages quoted in the sermon and discuss insights that jump out to you.

A clean conscience is crucial to experiencing joy. The discipline of confessing sin to someone else is a cleansing mechanism God gives us. Why do we resist sharing our sins with others? Share an experience, whether good or bad, involving confessing your sins. Why was it good or bad?

Being "filled with the Spirit" is also a key to joy. Have you ever experienced a filling of the Spirit? Share what happened and how it happened. How can we, as a base camp, experience the Spirit more?

Gather together in groups of two and pray with vulnerability for one another (perhaps confess a sin, if you feel led).